

## Winter Cross Country 2026

Date	Pts Rd	Venue	Comments
11/4		UOW Shoalhaven	Welcome Day. Come along and catch up with your running colleagues.
18/4	1	UOW Shoalhaven	Our new home of running. Come and enjoy the amazing scenery.
25/4	2	UOW Shoalhaven	Tackle the mix of grass & bush trails. ANZAC Weekend
2/5	3	Hollyhill	Enjoy the hills and a sizzling BBQ afterwards.
9/5	4	UOW Shoalhaven	Our running home amongst the gum trees.
16/5	5	UOW Shoalhaven	AGM/Presentation of Special Awards
23/5	6	Hollyhill	Enjoy the hills & a sizzling BBQ afterwards.
30/5	7	Huskisson	Enjoy a coffee and afternoon run. *NSW XC Relays - The Armory
6/6	8	UOW Shoalhaven	Come for a run and meet the kangaroos!
13/6	9	UOW Shoalhaven	Test your form before the XC Championships.
20/6	10	Willandra Classic	*NSW XC Championships - Willandra
27/6	11	UOW Shoalhaven	Trail Running Festival - 2, 5 & 10 km. Open to all clubs.
11/7	12	Longreach	For the traditionalists *NSW Short Course XC - West Dapto
18/7	13	Longreach	Long runners just love that hill!
25/7	14	Huskisson	Enjoy a coffee and afternoon run.
1/8	15	Hollyhill	Hills, hills, hills & a tasty BBQ. *NSW Road Relays - The Crest Athletics Track.
8/8	16	UOW Shoalhaven	Final round before awards.
15/8		UOW Shoalhaven	Presentation Day - Novelty events

## Four venues for Winter Cross Country Season

- UOW Shoalhaven - Our new home of running. A mixture of grass and bush trails, plus plenty of kangaroos and amazing scenery.  
*Located at George Evans Rd, West Nowra. Access off Yalwal Rd.*
- Longreach - An old favourite, especially that hill for the long course runners. Fire trail for runners 1km to medium. Long course runners, mostly gravel road, some trails and a short bitumen section.  
*Find the course by turning right off Yalwal Rd into Longreach Rd.*
- Huskisson - All distances use the Huskisson fire trails. A fairly flat, fast course.  
*The course starts behind Huskisson soccer fields. Access from Kioloa Street.*
- Hollyhill - Pure cross country course. Grass and some testing hills. A lot of work on the course has been done since last season, so come out and take the hill challenge.  
*This is private property located at 48 Main Rd, Cambewarra with the beautiful backdrop of Cambewarra Mountain. Look for the big green shed.*