

TRACK RECORDS - FEMALE

Gender	Age	Event	Time	Name	Season
Female	9&U	60m	00:09.50	Emily McLaren	2017-18
Female	9&U	100m	00:14.60	Tara Jones	1997-98
Female	9&U	150m	00:22.70	Tara Jones	1997-98
Female	9&U	200m	00:31.30	Tara Jones	1997-98
Female	9&U	400m	01:09.10	Tara Jones	1997-98
Female	9&U	600m	02:03.70	Annie Reid	1996-97
Female	9&U	800m	02:42.60	Naomi Berry	1997-98
Female	9&U	1000m	03:51.90	Naomi Berry	1995-96
Female	9&U	1500m	05:30.20	Naomi Berry	1997-98
Female	9&U	2K	08:00.70	Naomi Berry	1997-98
Female	9&U	3K	14:00.46	Maggie Ball	2024-25

Gender	Age	Event	Time	Name	Season
Female	10-11	60m	00:08.30	Tara Jones	1999-00
Female	10-11	100m	00:13.50	Tara Jones	1998-99
Female	10-11	150m	00:20.70	Tara Jones	1998-99
Female	10-11	200m	00:27.50	Tara Jones	1998-99
Female	10-11	400m	01:06.20	Kelly Hannett	1992-93
Female	10-11	600m	01:49.40	Kelly Hannett	1992-93
Female	10-11	800m	02:30.00	Shenay Edwards	2011-12
Female	10-11	1000m	03:23.60	Kelly Hannett	1992-93
Female	10-11	1500m	05:15.00	Kylie Hodgson	1979-80
Female	10-11	2K	07:53.00	Emily McLaren	2019-20
Female	10-11	3K	12:31.40	Naomi Berry	1997-98

Gender	Age	Event	Time	Name	Season
Female	12-13	60m	00:08.10	Kristi-Lee Taylor	2008-09
Female	12-13	100m	00:12.80	Kristi-Lee Taylor	2008-09
Female	12-13	150m	00:19.70	Kristi-Lee Taylor	2008-09
Female	12-13	200m	00:26.80	Tracey Aldridge	1985-86
Female	12-13	400m	01:02.60	Mary Anne Bennett	1987-88
Female	12-13	600m	01:42.50	Suemana Schreiber	1992-93
Female	12-13	800m	02:24.40	Lisa Whitby	1984-85
Female	12-13	1000m	03:11.50	Naomi Berry	1999-00
Female	12-13	1500m	05:04.40	Lisa Whitby	1984-85
Female	12-13	2K	07:10.01	Ella Dyball	2017-18
Female	12-13	3K	11:57.70	Madeline Oke	2024-25
Female	12-13	Hurdles (80m)	00:13.10	Amy Todhunter	1996-97

Gender	Age	Event	Time	Name	Season
Female	14-15	60m	00:08.00	Lauren Johnston	1999-00
Female	14-15	100m	00:12.50	Lauren Johnston	1999-00
Female	14-15	150m	00:18.60	Lauren Johnston	1999-00
Female	14-15	200m	00:26.10	Elyse Van Arkel	2004-05
Female	14-15	400m	01:00.00	Suemana Schreiber	1993-94
Female	14-15	600m	01:42.00	Shannon Richardson	1989-90
Female	14-15	800m	02:18.90	Mary Anne Bennett	1989-90
Female	14-15	1000m	03:07.40	Michaela Quinn	2009-10
Female	14-15	1500m	04:43.90	Michaela Quinn	2009-10
Female	14-15	2K	06:40.00	Michaela Quinn	2009-10
Female	14-15	3K	10:25.20	Michelle Lomas	1979-80
Female	14-15	Hurdles (90m)	00:13.40	Alison Tremaine	2003-04

Gender	Age	Event	Time	Name	Season
Female	16-17	60m	00:08.20	Standard	0
Female	16-17	100m	00:12.80	Suemana Schreiber	1994-95
Female	16-17	150m	00:19.60	Kerry Lee	1997-98
Female	16-17	200m	00:26.30	Angela Dixon	1987-88
Female	16-17	400m	00:59.40	Erin Binks	2005-06
Female	16-17	600m	01:37.90	Shannon Richardson	1990-91
Female	16-17	800m	02:17.40	Tamlyn Mathiske	1993-94
Female	16-17	1000m	03:05.10	Tamlyn Mathiske	1993-94
Female	16-17	1500m	04:47.20	Lise Thompson	1976-77
Female	16-17	2K	06:59.30	Tamlyn Mathiske	1992-93
Female	16-17	3K	11:24.00	Cristine Suffolk	1988-89
Female	16-17	5K	00:00.00	N/A	0
Female	16-17	Hurdles (100m)	00:15.00	Lacey Bruce	2012-13

Gender	Age	Event	Time	Name	Season
Female	18-19	60m	00:08.20	Lacey Bruce	2012-13
Female	18-19	100m	00:12.80	Rebecca Vormister	1993-94
Female	18-19	150m	00:19.40	Erin Binks	2006-07
Female	18-19	200m	00:26.60	Erin Binks	2006-07
Female	18-19	400m	00:59.00	Erin Binks	2006-07
Female	18-19	600m	01:38.00	Erin Binks	2006-07
Female	18-19	800m	02:17.10	Erin Binks	2006-07
Female	18-19	1000m	03:02.50	Tracey Gibb	1993-94
Female	18-19	1500m	05:00.20	Tracey Gibb	1993-94
Female	18-19	2K	07:11.00	Glenys Smith	1993-94
Female	18-19	3K	11:46.00	Cristine Suffolk	1990-91
Female	18-19	5K	21:22.00	Cristine Suffolk	1989-90
Female	18-19	Hurdles (110m)	00:00.00	N/A	0

Gender	Age	Event	Time	Name	Season
Female	20-29	60m	00:08.00	Lauren Johnston	2011-12
Female	20-29	100m	00:12.40	Lauren Johnston	2010-11
Female	20-29	150m	00:18.70	Lauren Johnston	2011-12
Female	20-29	200m	00:25.60	Lauren Johnston	2011-12
Female	20-29	400m	01:01.90	Tracey Gibb	1993-94
Female	20-29	600m	01:39.70	Tracey Gibb	1994-95
Female	20-29	800m	02:20.60	Tracey Gibb	1994-95
Female	20-29	1000m	03:07.20	Tracey Gibb	1994-95
Female	20-29	1500m	05:00.00	Tracey Gibb	1997-98
Female	20-29	2K	07:05.50	Tracey Gibb	1997-98
Female	20-29	3K	10:57.40	Tracey Gibb	1997-98
Female	20-29	5K	19:50.00	Cristine Suffolk	1994-95

Gender	Age	Event	Time	Name	Season
Female	30-39	60m	00:08.33	Erin Smart	2020-21
Female	30-39	100m	00:13.08	Erin Smart	2020-21
Female	30-39	150m	00:19.50	Erin Smart	2020-21
Female	30-39	200m	00:26.35	Erin Smart	2021-22
Female	30-39	400m	01:01.09	Erin Smart	2020-21
Female	30-39	600m	01:40.40	Erin Smart	2020-21
Female	30-39	800m	02:27.17	Erin Smart	2020-21
Female	30-39	1000m	03:11.78	Erin Smart	2019-20
Female	30-39	1500m	05:16.60	Glenda Ozlins	1992-93
Female	30-39	2K	07:19.00	Cristine Suffolk	2001-02
Female	30-39	3K	11:17.00	Cristine Suffolk	2007-08
Female	30-39	5K	19:10.00	Cristine Suffolk	2009-10

Gender	Age	Event	Time	Name	Season
Female	40-49	60m	00:08.09	Erin Smart	2022-23
Female	40-49	100m	00:13.20	Erin Smart	2024-25
Female	40-49	150m	00:19.51	Erin Smart	2022-23
Female	40-49	200m	00:27.02	Erin Smart	2024-25
Female	40-49	400m	01:00.86	Erin Smart	2024-25
Female	40-49	600m	01:40.77	Erin Smart	2024-25
Female	40-49	800m	02:30.28	Erin Smart	2024-25
Female	40-49	1000m	03:26.40	Linda Weatherill	2007-08
Female	40-49	1500m	05:25.90	Linda Weatherill	2007-08
Female	40-49	2K	07:34.00	Cristine Suffolk	2010-11
Female	40-49	3K	11:47.00	Cristine Suffolk	2013-14
Female	40-49	5K	20:09.00	Cristine Suffolk	2012-13

Gender	Age	Event	Time	Name	Season
Female	50-59	60m	00:08.60	Lynda Douglas	2012-13
Female	50-59	100m	00:14.60	Lynda Douglas	2012-13
Female	50-59	150m	00:22.20	Lynda Douglas	2012-13
Female	50-59	200m	00:37.70	Maxine Gernyi	2009-10
Female	50-59	400m	01:28.00	Maxine Gernyi	2009-10
Female	50-59	600m	02:17.70	Sharon Scouller	2013-14
Female	50-59	800m	03:09.90	Sharon Scouller	2013-14
Female	50-59	1000m	03:37.70	Linda Weatherill	2013-14
Female	50-59	1500m	06:20.90	Linda Jones	2005-06
Female	50-59	2K	09:00.00	Sharon Scouller	2013-14
Female	50-59	3K	13:16.00	Linda Jones	2005-06
Female	50-59	5K	25:28.00	Linda Jones	2005-06

Gender	Age	Event	Time	Name	Season
Female	60-69	60m	00:00.00	N/A	0
Female	60-69	100m	00:00.00	N/A	0
Female	60-69	150m	00:00.00	N/A	0
Female	60-69	200m	00:00.00	N/A	0
Female	60-69	400m	02:08.52	Eva Moeller-Duhme	2019-20
Female	60-69	600m	03:07.40	Eva Moeller-Duhme	2016-17
Female	60-69	800m	04:34.00	Eva Moeller-Duhme	2016-17
Female	60-69	1000m	05:37.00	Eva Moeller-Duhme	2016-17
Female	60-69	1500m	08:44.00	Eva Moeller-Duhme	2017-18
Female	60-69	2K	11:58.00	Eva Moeller-Duhme	2016-17
Female	60-69	3K	18:21.00	Eva Moeller-Duhme	2016-17
Female	60-69	5K	00:00.00	N/A	0

Gender	Age	Event	Time	Name	Season
Female	70+	60m	00:14.96	Eva Moeller-Duhme	2019-20
Female	70+	100m	00:25.19	Eva Moeller-Duhme	2019-20
Female	70+	150m	00:42.80	Eva Moeller-Duhme	2024-25
Female	70+	200m	00:55.00	Eva Moeller-Duhme	2019-20
Female	70+	400m	02:15.57	Eva Moeller-Duhme	2024-25
Female	70+	600m	03:33.88	Eva Moeller-Duhme	2020-21
Female	70+	800m	05:25.06	Eva Moeller-Duhme	2024-25
Female	70+	1000m	06:10.24	Eva Moeller-Duhme	2019-20
Female	70+	1500m	09:51.10	Eva Moeller-Duhme	2020-21
Female	70+	2K	14:27.52	Eva Moeller-Duhme	2024-25
Female	70+	3K	22:26.02	Eva Moeller-Duhme	2024-25
Female	70+	5K	00:00.00	N/A	0

Note: As of 2017-18 season, times are electronic.

TRACK RECORDS - MALE

Gender	Age	Event	Time	Name	Season
Male	9&U	60m	00:09.20	Stirling Norwood	2013-14
Male	9&U	100m	00:14.90	B Dowell / S Norwood	1997 & 2013
Male	9&U	150m	00:22.20	Ben Dowdell	1997-98
Male	9&U	200m	00:31.00	Matthew Higham	2015-16
Male	9&U	400m	01:11.50	Craig Horgan	1985-86
Male	9&U	600m	02:01.40	Billy Broughton	1989-90
Male	9&U	800m	02:40.30	Craig Horgan	1984-85
Male	9&U	1000m	03:25.40	James Mottram	1994-95
Male	9&U	1500m	05:29.00	C.Horgan/J.Mottram	1985/1994
Male	9&U	2K	07:26.00	James Mottram	1994-95
Male	9&U	3K	12:26.00	Cameron Baxter	2018-19

Gender	Age	Event	Time	Name	Season
Male	10-11	60m	00:08.18	Max Marshall	2020-21
Male	10-11	100m	00:13.70	John Dickie	1992-93
Male	10-11	150m	00:20.70	Jeff Dowdell	1997-98
Male	10-11	200m	00:28.80	Angus Pryde	2009-10
Male	10-11	400m	01:06.20	Darren Knott	1982-83
Male	10-11	600m	01:46.30	Simon Cole	1989-90
Male	10-11	800m	02:29.30	James Mottram	1997-98
Male	10-11	1000m	03:13.40	James Mottram	1997-98
Male	10-11	1500m	05:05.10	James Mottram	1997-98
Male	10-11	2K	06:58.39	Cameron Baxter	2020-21
Male	10-11	3K	10:51.00	Hayden Miller	2005-06

Gender	Age	Event	Time	Name	Season
Male	12-13	60m	00:08.40	Standard	0
Male	12-13	100m	00:11.60	Paul Greene	1986-87
Male	12-13	150m	00:18.90	Alex Greene	1995-96
Male	12-13	200m	00:25.30	Robert Tan	1988-89
Male	12-13	400m	00:54.80	Paul Greene	1986-87
Male	12-13	600m	01:34.10	Julien Wicks	1991-92
Male	12-13	800m	02:11.10	Julien Wicks	1991-92
Male	12-13	1000m	02:49.80	Julien Wicks	1991-92
Male	12-13	1500m	04:31.80	Julien Wicks	1992-93
Male	12-13	2K	06:21.50	Mitchell Hudson	1993-94
Male	12-13	3K	09:59.00	Mitchell Hudson	1993-94
Male	12-13	5K	18:03.00	Mitchell Hudson	1993-94
Male	12-13	Hurdles (90m)	00:14.30	Alvin Johnson	1989-90

Gender	Age	Event	Time	Name	Season
Male	14-15	60m	00:07.30	Standard	0
Male	14-15	100m	00:11.10	Paul Greene	1988-89
Male	14-15	150m	00:17.40	Robert Tan	1989-90
Male	14-15	200m	00:22.50	Paul Greene	1988-89
Male	14-15	400m	00:52.00	Paul Greene	1987-88
Male	14-15	600m	01:27.60	Damien Chee	1989-90
Male	14-15	800m	02:01.90	Dean Seager	1986-87
Male	14-15	1000m	02:40.70	Julien Wicks	1994-95
Male	14-15	1500m	04:19.20	Julien Wicks	1993-94
Male	14-15	2K	06:04.00	Harris Scouller	2009-10
Male	14-15	3K	09:30.30	Harris Scouller	2009-10
Male	14-15	5K	18:02.00	Troy Whittington	2014-15
Male	14-15	Hurdles (100m)	00:16.30	Sean Hayward	1997-98

Gender	Age	Event	Time	Name	Season
Male	16-17	60m	00:07.00	Standard	0
Male	16-17	100m	00:10.50	Scott Richardson	1998-99
Male	16-17	150m	00:16.20	Paul Greene	1989-90
Male	16-17	200m	00:22.10	Scott Richardson	1998-99
Male	16-17	400m	00:48.50	Paul Greene	1989-90
Male	16-17	600m	01:26.20	Lennon Wicks	1997-98
Male	16-17	800m	02:00.30	Jake Ring	2007-08
Male	16-17	1000m	02:35.90	Julien Wicks	1995-96
Male	16-17	1500m	04:14.00	Alan Ozlins	1980-81
Male	16-17	2K	05:54.80	Julien Wicks	1994-95
Male	16-17	3K	09:23.90	Phil Crome	1979-80
Male	16-17	5K	16:15.00	Troy Whittington	2016-17
Male	16-17	Hurdles (110m)	00:15.84	Tom Brookes	2024-25

Gender	Age	Event	Time	Name	Season
Male	18-19	60m	00:06.70	Scott Richardson	1999-00
Male	18-19	100m	00:10.60	Scott Richardson	1999-00
Male	18-19	150m	00:16.10	Scott Richardson	1999-00
Male	18-19	200m	00:22.00	Scott Richardson	2000-01
Male	18-19	400m	00:49.90	Alan Ozlins	1984-85
Male	18-19	600m	01:25.20	Dean Sagar	1990-91
Male	18-19	800m	01:56.70	Alan Ozlins	1982-83
Male	18-19	1000m	02:40.40	Jake Ring	2007-08
Male	18-19	1500m	04:18.90	Jake Ring	2009-10
Male	18-19	2K	05:57.00	Troy Whittington	2017-18
Male	18-19	3K	09:08.00	Troy Whittington	2017-18
Male	18-19	5K	15:45.00	Troy Whittington	2017-18
Male	18-19	Hurdles (110m)	00:16.80	Sean Hayward	1999-00

Gender	Age	Event	Time	Name	Season
Male	20-29	60m	00:06.90	Scott Richardson	2009-10
Male	20-29	100m	00:10.70	Scott Richardson	2009-10
Male	20-29	150m	00:16.40	Scott Richardson	2011-12
Male	20-29	200m	00:22.50	Alan Ozlins	1985-86
Male	20-29	400m	00:48.50	Alan Ozlins	1985-86
Male	20-29	600m	01:20.80	Alan Ozlins	1989-90
Male	20-29	800m	01:53.90	Alan Ozlins	1985-86
Male	20-29	1000m	02:34.90	Steve Isbel	1993-94
Male	20-29	1500m	04:02.40	Alan Ozlins	1989-90
Male	20-29	2K	05:42.20	Daniel Abotomy	1993-94
Male	20-29	3K	09:16.00	Steve Isbel	1993-94
Male	20-29	5K	15:52.00	Rick Bromley	1992-93

Gender	Age	Event	Time	Name	Season
Male	30-39	60m	00:06.70	Scott Richardson	2012-13
Male	30-39	100m	00:10.60	Scott Richardson	2012-13
Male	30-39	150m	00:16.40	Scott Richardson	2012-13
Male	30-39	200m	00:24.00	Mat Young	2008-09
Male	30-39	400m	00:53.40	Peter Dooley	1991-92
Male	30-39	600m	01:26.60	Peter Dooley	1990-91
Male	30-39	800m	02:04.00	Peter Dooley	1990-91
Male	30-39	1000m	02:41.90	Rick Bromley	1992-93
Male	30-39	1500m	04:19.40	Rick Bromley	1992-93
Male	30-39	2K	06:01.40	Rick Bromley	1992-93
Male	30-39	3K	09:17.00	Rick Bromley	1993-94
Male	30-39	5K	16:00.86	Bradley Sawyers	2022-23

Gender	Age	Event	Time	Name	Season
Male	40-49	60m	00:07.60	Steve Schott	2016-17
Male	40-49	100m	00:12.20	Steve Schott	2016-17
Male	40-49	150m	00:18.30	Steve Schott	2016-17
Male	40-49	200m	00:25.40	Steve Schott	2016-17
Male	40-49	400m	00:56.90	Leith Babian	2013-14
Male	40-49	600m	01:30.30	Leith Babian	2013-14
Male	40-49	800m	02:09.30	Alan Jones	1990-91
Male	40-49	1000m	02:41.90	Rick Bromley	1992-93
Male	40-49	1500m	04:28.20	Leith Babian	2013-14
Male	40-49	2K	06:17.00	Bill Broughton	1993-94
Male	40-49	3K	09:35.00	Bill Broughton	1993-94
Male	40-49	5K	16:27.00	Bill Broughton	1993-94

Gender	Age	Event	Time	Name	Season
Male	50-59	60m	00:08.20	Perry Strand	2016-17
Male	50-59	100m	00:13.10	Peter Dooley	2007-08
Male	50-59	150m	00:20.40	Doug McNally	2004-05
Male	50-59	200m	00:26.50	Peter Dooley	2007-08
Male	50-59	400m	00:58.80	Peter Dooley	2007-08
Male	50-59	600m	01:33.80	Leith Babian	2016-17
Male	50-59	800m	02:13.60	Peter Dooley	2009-10
Male	50-59	1000m	03:01.20	Peter Dooley	2009-10
Male	50-59	1500m	04:48.70	Martin Tomasini	2006-07
Male	50-59	2K	06:34.20	Peter Dooley	2009-10
Male	50-59	3K	10:15.00	Peter Dooley	2009-10
Male	50-59	5K	18:32.60	Martin Tomasini	2005-06

Gender	Age	Event	Time	Name	Season
Male	60-69	60m	00:08.40	Bernie Condon	2001-02
Male	60-69	100m	00:13.70	Bernie Condon	2001-02
Male	60-69	150m	00:21.30	Bernie Condon	2001-02
Male	60-69	200m	00:28.80	Bernie Condon	2002-03
Male	60-69	400m	01:11.60	Peter Dooley	2017-18
Male	60-69	600m	01:49.26	Peter Dooley	2020-21
Male	60-69	800m	02:32.23	Peter Dooley	2017-18
Male	60-69	1000m	03:17.44	Peter Dooley	2019-20
Male	60-69	1500m	05:23.37	Peter Dooley	2020-21
Male	60-69	2K	07:19.99	Peter Dooley	2019-20
Male	60-69	3K	11:16.75	Peter Dooley	2018-19
Male	60-69	5K	22:07.00	Kevyn Davis	2012-13

Gender	Age	Event	Time	Name	Season
Male	70+	60m	00:08.90	Bernie Condon	2007-08
Male	70+	100m	00:14.40	Bernie Condon	2006-07
Male	70+	150m	00:21.90	Bernie Condon	2006-07
Male	70+	200m	00:30.80	Bernie Condon	2006-07
Male	70+	400m	01:24.84	Rod Rose	2024-25
Male	70+	600m	02:14.20	Erich Moeller-Duhme	2017-18
Male	70+	800m	03:10.10	Erich Moeller-Duhme	2016-17
Male	70+	1000m	04:19.90	Erich Moeller-Duhme	2016-17
Male	70+	1500m	06:45.00	Erich Moeller-Duhme	2017-18
Male	70+	2K	09:17.00	Erich Moeller-Duhme	2017-18
Male	70+	3K	14:33.42	Rod Rose	2024-25
Male	70+	5K	00:00.00		0 0

Note: As of 2017-18 season, times are electronic.