

TRACK RECORDS - FEMALE

| Gender | Age | Event | Time | Name | Season |
|--------|-----|-------|----------|---------------|---------|
| Female | 9&U | 60m | 00:09.50 | Emily McLaren | 2017-18 |
| Female | 9&U | 100m | 00:14.60 | Tara Jones | 1997-98 |
| Female | 9&U | 150m | 00:22.70 | Tara Jones | 1997-98 |
| Female | 9&U | 200m | 00:31.30 | Tara Jones | 1997-98 |
| Female | 9&U | 400m | 01:09.10 | Tara Jones | 1997-98 |
| Female | 9&U | 600m | 02:03.70 | Annie Reid | 1996-97 |
| Female | 9&U | 800m | 02:42.60 | Naomi Berry | 1997-98 |
| Female | 9&U | 1000m | 03:51.90 | Naomi Berry | 1995-96 |
| Female | 9&U | 1500m | 05:30.20 | Naomi Berry | 1997-98 |
| Female | 9&U | 2K | 08:00.70 | Naomi Berry | 1997-98 |
| Female | 9&U | 3K | 00:00.00 | N/A | 0 |

| Gender | Age | Event | Time | Name | Season |
|--------|-------|-------|----------|----------------|---------|
| Female | 10-11 | 60m | 00:08.30 | Tara Jones | 1999-00 |
| Female | 10-11 | 100m | 00:13.50 | Tara Jones | 1998-99 |
| Female | 10-11 | 150m | 00:20.70 | Tara Jones | 1998-99 |
| Female | 10-11 | 200m | 00:27.50 | Tara Jones | 1998-99 |
| Female | 10-11 | 400m | 01:06.20 | Kelly Hannett | 1992-93 |
| Female | 10-11 | 600m | 01:49.40 | Kelly Hannett | 1992-93 |
| Female | 10-11 | 800m | 02:30.00 | Shenay Edwards | 2011-12 |
| Female | 10-11 | 1000m | 03:23.60 | Kelly Hannett | 1992-93 |
| Female | 10-11 | 1500m | 05:15.00 | Kylie Hodgson | 1979-80 |
| Female | 10-11 | 2K | 07:53.00 | Emily McLaren | 2019-20 |
| Female | 10-11 | 3K | 12:31.40 | Naomi Berry | 1997-98 |

| Gender | Age | Event | Time | Name | Season |
|--------|-------|---------------|----------|-------------------|---------|
| Female | 12-13 | 60m | 00:08.10 | Kristi-Lee Taylor | 2008-09 |
| Female | 12-13 | 100m | 00:12.80 | Kristi-Lee Taylor | 2008-09 |
| Female | 12-13 | 150m | 00:19.70 | Kristi-Lee Taylor | 2008-09 |
| Female | 12-13 | 200m | 00:26.80 | Tracey Aldridge | 1985-86 |
| Female | 12-13 | 400m | 01:02.60 | Mary Anne Bennett | 1987-88 |
| Female | 12-13 | 600m | 01:42.50 | Suemana Schreiber | 1992-93 |
| Female | 12-13 | 800m | 02:24.40 | Lisa Whitby | 1984-85 |
| Female | 12-13 | 1000m | 03:11.50 | Naomi Berry | 1999-00 |
| Female | 12-13 | 1500m | 05:04.40 | Lisa Whitby | 1984-85 |
| Female | 12-13 | 2K | 07:10.01 | Ella Dyball | 2017-18 |
| Female | 12-13 | 3K | 11:57.70 | Madeline Oke | 2024-25 |
| Female | 12-13 | Hurdles (80m) | 00:13.10 | Amy Todhunter | 1996-97 |

| Gender | Age | Event | Time | Name | Season |
|--------|-------|---------------|----------|--------------------|---------|
| Female | 14-15 | 60m | 00:08.00 | Lauren Johnston | 1999-00 |
| Female | 14-15 | 100m | 00:12.50 | Lauren Johnston | 1999-00 |
| Female | 14-15 | 150m | 00:18.60 | Lauren Johnston | 1999-00 |
| Female | 14-15 | 200m | 00:26.10 | Elyse Van Arkel | 2004-05 |
| Female | 14-15 | 400m | 01:00.00 | Suemana Schreiber | 1993-94 |
| Female | 14-15 | 600m | 01:42.00 | Shannon Richardson | 1989-90 |
| Female | 14-15 | 800m | 02:18.90 | Mary Anne Bennett | 1989-90 |
| Female | 14-15 | 1000m | 03:07.40 | Michaela Quinn | 2009-10 |
| Female | 14-15 | 1500m | 04:43.90 | Michaela Quinn | 2009-10 |
| Female | 14-15 | 2K | 06:40.00 | Michaela Quinn | 2009-10 |
| Female | 14-15 | 3K | 10:25.20 | Michelle Lomas | 1979-80 |
| Female | 14-15 | Hurdles (90m) | 00:13.40 | Alison Tremaine | 2003-04 |

| Gender | Age | Event | Time | Name | Season |
|--------|-------|----------------|----------|--------------------|---------|
| Female | 16-17 | 60m | 00:08.20 | Standard | 0 |
| Female | 16-17 | 100m | 00:12.80 | Suemana Schreiber | 1994-95 |
| Female | 16-17 | 150m | 00:19.60 | Kerry Lee | 1997-98 |
| Female | 16-17 | 200m | 00:26.30 | Angela Dixon | 1987-88 |
| Female | 16-17 | 400m | 00:59.40 | Erin Binks | 2005-06 |
| Female | 16-17 | 600m | 01:37.90 | Shannon Richardson | 1990-91 |
| Female | 16-17 | 800m | 02:17.40 | Tamlyn Mathiske | 1993-94 |
| Female | 16-17 | 1000m | 03:05.10 | Tamlyn Mathiske | 1993-94 |
| Female | 16-17 | 1500m | 04:47.20 | Lise Thompson | 1976-77 |
| Female | 16-17 | 2K | 06:59.30 | Tamlyn Mathiske | 1992-93 |
| Female | 16-17 | 3K | 11:24.00 | Cristine Suffolk | 1988-89 |
| Female | 16-17 | 5K | 00:00.00 | N/A | 0 |
| Female | 16-17 | Hurdles (100m) | 00:15.00 | Lacey Bruce | 2012-13 |

| Gender | Age | Event | Time | Name | Season |
|--------|-------|----------------|----------|-------------------|---------|
| Female | 18-19 | 60m | 00:08.20 | Lacey Bruce | 2012-13 |
| Female | 18-19 | 100m | 00:12.80 | Rebecca Vormister | 1993-94 |
| Female | 18-19 | 150m | 00:19.40 | Erin Binks | 2006-07 |
| Female | 18-19 | 200m | 00:26.60 | Erin Binks | 2006-07 |
| Female | 18-19 | 400m | 00:59.00 | Erin Binks | 2006-07 |
| Female | 18-19 | 600m | 01:38.00 | Erin Binks | 2006-07 |
| Female | 18-19 | 800m | 02:17.10 | Erin Binks | 2006-07 |
| Female | 18-19 | 1000m | 03:02.50 | Tracey Gibb | 1993-94 |
| Female | 18-19 | 1500m | 05:00.20 | Tracey Gibb | 1993-94 |
| Female | 18-19 | 2K | 07:11.00 | Glenys Smith | 1993-94 |
| Female | 18-19 | 3K | 11:46.00 | Cristine Suffolk | 1990-91 |
| Female | 18-19 | 5K | 21:22.00 | Cristine Suffolk | 1989-90 |
| Female | 18-19 | Hurdles (110m) | 00:00.00 | N/A | 0 |

| Gender | Age | Event | Time | Name | Season |
|--------|-------|-------|----------|------------------|---------|
| Female | 20-29 | 60m | 00:08.00 | Lauren Johnston | 2011-12 |
| Female | 20-29 | 100m | 00:12.40 | Lauren Johnston | 2010-11 |
| Female | 20-29 | 150m | 00:18.70 | Lauren Johnston | 2011-12 |
| Female | 20-29 | 200m | 00:25.60 | Lauren Johnston | 2011-12 |
| Female | 20-29 | 400m | 01:01.90 | Tracey Gibb | 1993-94 |
| Female | 20-29 | 600m | 01:39.70 | Tracey Gibb | 1994-95 |
| Female | 20-29 | 800m | 02:20.60 | Tracey Gibb | 1994-95 |
| Female | 20-29 | 1000m | 03:07.20 | Tracey Gibb | 1994-95 |
| Female | 20-29 | 1500m | 05:00.00 | Tracey Gibb | 1997-98 |
| Female | 20-29 | 2K | 07:05.50 | Tracey Gibb | 1997-98 |
| Female | 20-29 | 3K | 10:57.40 | Tracey Gibb | 1997-98 |
| Female | 20-29 | 5K | 19:50.00 | Cristine Suffolk | 1994-95 |

| Gender | Age | Event | Time | Name | Season |
|--------|-------|-------|----------|------------------|---------|
| Female | 30-39 | 60m | 00:08.33 | Erin Smart | 2020-21 |
| Female | 30-39 | 100m | 00:13.08 | Erin Smart | 2020-21 |
| Female | 30-39 | 150m | 00:19.50 | Erin Smart | 2020-21 |
| Female | 30-39 | 200m | 00:26.35 | Erin Smart | 2021-22 |
| Female | 30-39 | 400m | 01:01.09 | Erin Smart | 2020-21 |
| Female | 30-39 | 600m | 01:40.40 | Erin Smart | 2020-21 |
| Female | 30-39 | 800m | 02:27.17 | Erin Smart | 2020-21 |
| Female | 30-39 | 1000m | 03:11.78 | Erin Smart | 2019-20 |
| Female | 30-39 | 1500m | 05:16.60 | Glenda Ozlins | 1992-93 |
| Female | 30-39 | 2K | 07:19.00 | Cristine Suffolk | 2001-02 |
| Female | 30-39 | 3K | 11:17.00 | Cristine Suffolk | 2007-08 |
| Female | 30-39 | 5K | 19:10.00 | Cristine Suffolk | 2009-10 |

| Gender | Age | Event | Time | Name | Season |
|--------|-------|-------|----------|------------------|---------|
| Female | 40-49 | 60m | 00:08.09 | Erin Smart | 2022-23 |
| Female | 40-49 | 100m | 00:13.23 | Erin Smart | 2022-23 |
| Female | 40-49 | 150m | 00:19.51 | Erin Smart | 2022-23 |
| Female | 40-49 | 200m | 00:27.09 | Erin Smart | 2023-24 |
| Female | 40-49 | 400m | 01:01.71 | Erin Smart | 2023-24 |
| Female | 40-49 | 600m | 01:40.77 | Erin Smart | 2024-25 |
| Female | 40-49 | 800m | 02:30.28 | Erin Smart | 2024-25 |
| Female | 40-49 | 1000m | 03:26.40 | Linda Weatherill | 2007-08 |
| Female | 40-49 | 1500m | 05:25.90 | Linda Weatherill | 2007-08 |
| Female | 40-49 | 2K | 07:34.00 | Cristine Suffolk | 2010-11 |
| Female | 40-49 | 3K | 11:47.00 | Cristine Suffolk | 2013-14 |
| Female | 40-49 | 5K | 20:09.00 | Cristine Suffolk | 2012-13 |

| Gender | Age | Event | Time | Name | Season |
|--------|-------|-------|----------|------------------|---------|
| Female | 50-59 | 60m | 00:08.60 | Lynda Douglas | 2012-13 |
| Female | 50-59 | 100m | 00:14.60 | Lynda Douglas | 2012-13 |
| Female | 50-59 | 150m | 00:22.20 | Lynda Douglas | 2012-13 |
| Female | 50-59 | 200m | 00:37.70 | Maxine Gernyi | 2009-10 |
| Female | 50-59 | 400m | 01:28.00 | Maxine Gernyi | 2009-10 |
| Female | 50-59 | 600m | 02:17.70 | Sharon Scouller | 2013-14 |
| Female | 50-59 | 800m | 03:09.90 | Sharon Scouller | 2013-14 |
| Female | 50-59 | 1000m | 03:37.70 | Linda Weatherill | 2013-14 |
| Female | 50-59 | 1500m | 06:20.90 | Linda Jones | 2005-06 |
| Female | 50-59 | 2K | 09:00.00 | Sharon Scouller | 2013-14 |
| Female | 50-59 | 3K | 13:16.00 | Linda Jones | 2005-06 |
| Female | 50-59 | 5K | 25:28.00 | Linda Jones | 2005-06 |

| Gender | Age | Event | Time | Name | Season |
|--------|-------|-------|----------|-------------------|---------|
| Female | 60-69 | 60m | 00:00.00 | N/A | 0 |
| Female | 60-69 | 100m | 00:00.00 | N/A | 0 |
| Female | 60-69 | 150m | 00:00.00 | N/A | 0 |
| Female | 60-69 | 200m | 00:00.00 | N/A | 0 |
| Female | 60-69 | 400m | 02:08.52 | Eva Moeller-Duhme | 2019-20 |
| Female | 60-69 | 600m | 03:07.40 | Eva Moeller-Duhme | 2016-17 |
| Female | 60-69 | 800m | 04:34.00 | Eva Moeller-Duhme | 2016-17 |

| Gender | Age | Event | Time | Name | Season |
|--------|-----|-------|----------|-------------------|---------|
| Female | 70+ | 60m | 00:14.96 | Eva Moeller-Duhme | 2019-20 |
| Female | 70+ | 100m | 00:25.19 | Eva Moeller-Duhme | 2019-20 |
| Female | 70+ | 150m | 00:42.80 | Eva Moeller-Duhme | 2024-25 |
| Female | 70+ | 200m | 00:55.00 | Eva Moeller-Duhme | 2019-20 |
| Female | 70+ | 400m | 02:16.75 | Eva Moeller-Duhme | 2024-25 |
| Female | 70+ | 600m | 03:33.88 | Eva Moeller-Duhme | 2020-21 |
| Female | 70+ | 800m | 05:35.04 | Eva Moeller-Duhme | 2024-25 |

Note: As of 2017-18 season, times are electronic.

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|--------|-------|-------|----------|-------------------|---------|
| Female | 60-69 | 1000m | 05:37.00 | Eva Moeller-Duhme | 2016-17 |
| Female | 60-69 | 1500m | 08:44.00 | Eva Moeller-Duhme | 2017-18 |
| Female | 60-69 | 2K | 11:58.00 | Eva Moeller-Duhme | 2016-17 |
| Female | 60-69 | 3K | 18:21.00 | Eva Moeller-Duhme | 2016-17 |
| Female | 60-69 | 5K | 00:00.00 | N/A | 0 |

| | | | | | |
|--------|-----|-------|----------|-------------------|---------|
| Female | 70+ | 1000m | 06:10.24 | Eva Moeller-Duhme | 2019-20 |
| Female | 70+ | 1500m | 09:51.10 | Eva Moeller-Duhme | 2020-21 |
| Female | 70+ | 2K | 14:27.52 | Eva Moeller-Duhme | 2024-25 |
| Female | 70+ | 3K | 00:00.00 | N/A | 0 |
| Female | 70+ | 5K | 00:00.00 | N/A | 0 |

Note: As of 2017-18 season, times are electronic.

TRACK RECORDS - MALE

| Gender | Age | Event | Time | Name | Season |
|--------|-----|-------|----------|----------------------|-------------|
| Male | 9&U | 60m | 00:09.20 | Stirling Norwood | 2013-14 |
| Male | 9&U | 100m | 00:14.90 | B Dowell / S Norwood | 1997 & 2013 |
| Male | 9&U | 150m | 00:22.20 | Ben Dowdell | 1997-98 |
| Male | 9&U | 200m | 00:31.00 | Matthew Higham | 2015-16 |
| Male | 9&U | 400m | 01:11.50 | Craig Horgan | 1985-86 |
| Male | 9&U | 600m | 02:01.40 | Billy Broughton | 1989-90 |
| Male | 9&U | 800m | 02:40.30 | Craig Horgan | 1984-85 |
| Male | 9&U | 1000m | 03:25.40 | James Mottram | 1994-95 |
| Male | 9&U | 1500m | 05:29.00 | C.Horgan/J.Mottram | 1985/1994 |
| Male | 9&U | 2K | 07:26.00 | James Mottram | 1994-95 |
| Male | 9&U | 3K | 12:26.00 | Cameron Baxter | 2018-19 |

| Gender | Age | Event | Time | Name | Season |
|--------|-------|-------|----------|----------------|---------|
| Male | 10-11 | 60m | 00:08.18 | Max Marshall | 2020-21 |
| Male | 10-11 | 100m | 00:13.70 | John Dickie | 1992-93 |
| Male | 10-11 | 150m | 00:20.70 | Jeff Dowdell | 1997-98 |
| Male | 10-11 | 200m | 00:28.80 | Angus Pryde | 2009-10 |
| Male | 10-11 | 400m | 01:06.20 | Darren Knott | 1982-83 |
| Male | 10-11 | 600m | 01:46.30 | Simon Cole | 1989-90 |
| Male | 10-11 | 800m | 02:29.30 | James Mottram | 1997-98 |
| Male | 10-11 | 1000m | 03:13.40 | James Mottram | 1997-98 |
| Male | 10-11 | 1500m | 05:05.10 | James Mottram | 1997-98 |
| Male | 10-11 | 2K | 06:58.39 | Cameron Baxter | 2020-21 |
| Male | 10-11 | 3K | 10:51.00 | Hayden Miller | 2005-06 |

| Gender | Age | Event | Time | Name | Season |
|--------|-------|---------------|----------|-----------------|---------|
| Male | 12-13 | 60m | 00:08.40 | Standard | 0 |
| Male | 12-13 | 100m | 00:11.60 | Paul Greene | 1986-87 |
| Male | 12-13 | 150m | 00:18.90 | Alex Greene | 1995-96 |
| Male | 12-13 | 200m | 00:25.30 | Robert Tan | 1988-89 |
| Male | 12-13 | 400m | 00:54.80 | Paul Greene | 1986-87 |
| Male | 12-13 | 600m | 01:34.10 | Julien Wicks | 1991-92 |
| Male | 12-13 | 800m | 02:11.10 | Julien Wicks | 1991-92 |
| Male | 12-13 | 1000m | 02:49.80 | Julien Wicks | 1991-92 |
| Male | 12-13 | 1500m | 04:31.80 | Julien Wicks | 1992-93 |
| Male | 12-13 | 2K | 06:21.50 | Mitchell Hudson | 1993-94 |
| Male | 12-13 | 3K | 09:59.00 | Mitchell Hudson | 1993-94 |
| Male | 12-13 | 5K | 18:03.00 | Mitchell Hudson | 1993-94 |
| Male | 12-13 | Hurdles (90m) | 00:14.30 | Alvin Johnson | 1989-90 |

| Gender | Age | Event | Time | Name | Season |
|--------|-------|----------------|----------|------------------|---------|
| Male | 14-15 | 60m | 00:07.30 | Standard | 0 |
| Male | 14-15 | 100m | 00:11.10 | Paul Greene | 1988-89 |
| Male | 14-15 | 150m | 00:17.40 | Robert Tan | 1989-90 |
| Male | 14-15 | 200m | 00:22.50 | Paul Greene | 1988-89 |
| Male | 14-15 | 400m | 00:52.00 | Paul Greene | 1987-88 |
| Male | 14-15 | 600m | 01:27.60 | Damien Chee | 1989-90 |
| Male | 14-15 | 800m | 02:01.90 | Dean Seager | 1986-87 |
| Male | 14-15 | 1000m | 02:40.70 | Julien Wicks | 1994-95 |
| Male | 14-15 | 1500m | 04:19.20 | Julien Wicks | 1993-94 |
| Male | 14-15 | 2K | 06:04.00 | Harris Scouller | 2009-10 |
| Male | 14-15 | 3K | 09:30.30 | Harris Scouller | 2009-10 |
| Male | 14-15 | 5K | 18:02.00 | Troy Whittington | 2014-15 |
| Male | 14-15 | Hurdles (100m) | 00:16.30 | Sean Hayward | 1997-98 |

| Gender | Age | Event | Time | Name | Season |
|--------|-------|----------------|----------|------------------|---------|
| Male | 16-17 | 60m | 00:07.00 | Standard | 0 |
| Male | 16-17 | 100m | 00:10.50 | Scott Richardson | 1998-99 |
| Male | 16-17 | 150m | 00:16.20 | Paul Greene | 1989-90 |
| Male | 16-17 | 200m | 00:22.10 | Scott Richardson | 1998-99 |
| Male | 16-17 | 400m | 00:48.50 | Paul Greene | 1989-90 |
| Male | 16-17 | 600m | 01:26.20 | Lennon Wicks | 1997-98 |
| Male | 16-17 | 800m | 02:00.30 | Jake Ring | 2007-08 |
| Male | 16-17 | 1000m | 02:35.90 | Julien Wicks | 1995-96 |
| Male | 16-17 | 1500m | 04:14.00 | Alan Ozlins | 1980-81 |
| Male | 16-17 | 2K | 05:54.80 | Julien Wicks | 1994-95 |
| Male | 16-17 | 3K | 09:23.90 | Phil Crome | 1979-80 |
| Male | 16-17 | 5K | 16:15.00 | Troy Whittington | 2016-17 |
| Male | 16-17 | Hurdles (110m) | 00:18.10 | Nigel Brooks | 1984-85 |

| Gender | Age | Event | Time | Name | Season |
|--------|-------|----------------|----------|------------------|---------|
| Male | 18-19 | 60m | 00:06.70 | Scott Richardson | 1999-00 |
| Male | 18-19 | 100m | 00:10.60 | Scott Richardson | 1999-00 |
| Male | 18-19 | 150m | 00:16.10 | Scott Richardson | 1999-00 |
| Male | 18-19 | 200m | 00:22.00 | Scott Richardson | 2000-01 |
| Male | 18-19 | 400m | 00:49.90 | Alan Ozlins | 1984-85 |
| Male | 18-19 | 600m | 01:25.20 | Dean Sagar | 1990-91 |
| Male | 18-19 | 800m | 01:56.70 | Alan Ozlins | 1982-83 |
| Male | 18-19 | 1000m | 02:40.40 | Jake Ring | 2007-08 |
| Male | 18-19 | 1500m | 04:18.90 | Jake Ring | 2009-10 |
| Male | 18-19 | 2K | 05:57.00 | Troy Whittington | 2017-18 |
| Male | 18-19 | 3K | 09:08.00 | Troy Whittington | 2017-18 |
| Male | 18-19 | 5K | 15:45.00 | Troy Whittington | 2017-18 |
| Male | 18-19 | Hurdles (110m) | 00:16.80 | Sean Hayward | 1999-00 |

| Gender | Age | Event | Time | Name | Season |
|--------|-------|-------|----------|------------------|---------|
| Male | 20-29 | 60m | 00:06.90 | Scott Richardson | 2009-10 |
| Male | 20-29 | 100m | 00:10.70 | Scott Richardson | 2009-10 |
| Male | 20-29 | 150m | 00:16.40 | Scott Richardson | 2011-12 |
| Male | 20-29 | 200m | 00:22.50 | Alan Ozlins | 1985-86 |
| Male | 20-29 | 400m | 00:48.50 | Alan Ozlins | 1985-86 |
| Male | 20-29 | 600m | 01:20.80 | Alan Ozlins | 1989-90 |
| Male | 20-29 | 800m | 01:53.90 | Alan Ozlins | 1985-86 |
| Male | 20-29 | 1000m | 02:34.90 | Steve Isbel | 1993-94 |
| Male | 20-29 | 1500m | 04:02.40 | Alan Ozlins | 1989-90 |
| Male | 20-29 | 2K | 05:42.20 | Daniel Abotomy | 1993-94 |
| Male | 20-29 | 3K | 09:16.00 | Steve Isbel | 1993-94 |
| Male | 20-29 | 5K | 15:52.00 | Rick Bromley | 1992-93 |

| Gender | Age | Event | Time | Name | Season |
|--------|-------|-------|----------|------------------|---------|
| Male | 30-39 | 60m | 00:06.70 | Scott Richardson | 2012-13 |
| Male | 30-39 | 100m | 00:10.60 | Scott Richardson | 2012-13 |
| Male | 30-39 | 150m | 00:16.40 | Scott Richardson | 2012-13 |
| Male | 30-39 | 200m | 00:24.00 | Mat Young | 2008-09 |
| Male | 30-39 | 400m | 00:53.40 | Peter Dooley | 1991-92 |
| Male | 30-39 | 600m | 01:26.60 | Peter Dooley | 1990-91 |
| Male | 30-39 | 800m | 02:04.00 | Peter Dooley | 1990-91 |
| Male | 30-39 | 1000m | 02:41.90 | Rick Bromley | 1992-93 |
| Male | 30-39 | 1500m | 04:19.40 | Rick Bromley | 1992-93 |
| Male | 30-39 | 2K | 06:01.40 | Rick Bromley | 1992-93 |
| Male | 30-39 | 3K | 09:17.00 | Rick Bromley | 1993-94 |
| Male | 30-39 | 5K | 16:00.86 | Bradley Sawyers | 2022-23 |

| Gender | Age | Event | Time | Name | Season |
|--------|-------|-------|----------|----------------|---------|
| Male | 40-49 | 60m | 00:07.60 | Steve Schott | 2016-17 |
| Male | 40-49 | 100m | 00:12.20 | Steve Schott | 2016-17 |
| Male | 40-49 | 150m | 00:18.30 | Steve Schott | 2016-17 |
| Male | 40-49 | 200m | 00:25.40 | Steve Schott | 2016-17 |
| Male | 40-49 | 400m | 00:56.90 | Leith Babian | 2013-14 |
| Male | 40-49 | 600m | 01:30.30 | Leith Babian | 2013-14 |
| Male | 40-49 | 800m | 02:09.30 | Alan Jones | 1990-91 |
| Male | 40-49 | 1000m | 02:41.90 | Rick Bromley | 1992-93 |
| Male | 40-49 | 1500m | 04:28.20 | Leith Babian | 2013-14 |
| Male | 40-49 | 2K | 06:17.00 | Bill Broughton | 1993-94 |
| Male | 40-49 | 3K | 09:35.00 | Bill Broughton | 1993-94 |
| Male | 40-49 | 5K | 16:27.00 | Bill Broughton | 1993-94 |

| Gender | Age | Event | Time | Name | Season |
|--------|-------|-------|----------|-----------------|---------|
| Male | 50-59 | 60m | 00:08.20 | Perry Strand | 2016-17 |
| Male | 50-59 | 100m | 00:13.10 | Peter Dooley | 2007-08 |
| Male | 50-59 | 150m | 00:20.40 | Doug McNally | 2004-05 |
| Male | 50-59 | 200m | 00:26.50 | Peter Dooley | 2007-08 |
| Male | 50-59 | 400m | 00:58.80 | Peter Dooley | 2007-08 |
| Male | 50-59 | 600m | 01:33.80 | Leith Babian | 2016-17 |
| Male | 50-59 | 800m | 02:13.60 | Peter Dooley | 2009-10 |
| Male | 50-59 | 1000m | 03:01.20 | Peter Dooley | 2009-10 |
| Male | 50-59 | 1500m | 04:48.70 | Martin Tomasini | 2006-07 |
| Male | 50-59 | 2K | 06:34.20 | Peter Dooley | 2009-10 |
| Male | 50-59 | 3K | 10:15.00 | Peter Dooley | 2009-10 |
| Male | 50-59 | 5K | 18:32.60 | Martin Tomasini | 2005-06 |

| Gender | Age | Event | Time | Name | Season |
|--------|-------|-------|----------|---------------|---------|
| Male | 60-69 | 60m | 00:08.40 | Bernie Condon | 2001-02 |
| Male | 60-69 | 100m | 00:13.70 | Bernie Condon | 2001-02 |
| Male | 60-69 | 150m | 00:21.30 | Bernie Condon | 2001-02 |
| Male | 60-69 | 200m | 00:28.80 | Bernie Condon | 2002-03 |
| Male | 60-69 | 400m | 01:11.60 | Peter Dooley | 2017-18 |
| Male | 60-69 | 600m | 01:49.26 | Peter Dooley | 2020-21 |

| Gender | Age | Event | Time | Name | Season |
|--------|-----|-------|----------|---------------------|---------|
| Male | 70+ | 60m | 00:08.90 | Bernie Condon | 2007-08 |
| Male | 70+ | 100m | 00:14.40 | Bernie Condon | 2006-07 |
| Male | 70+ | 150m | 00:21.90 | Bernie Condon | 2006-07 |
| Male | 70+ | 200m | 00:30.80 | Bernie Condon | 2006-07 |
| Male | 70+ | 400m | 01:24.84 | Rod Rose | 2024-25 |
| Male | 70+ | 600m | 02:14.20 | Erich Moeller-Duhme | 2017-18 |

Note: As of 2017-18 season, times are electronic.

| | | | | | |
|------|-------|-------|----------|--------------|---------|
| Male | 60-69 | 800m | 02:32.23 | Peter Dooley | 2017-18 |
| Male | 60-69 | 1000m | 03:17.44 | Peter Dooley | 2019-20 |
| Male | 60-69 | 1500m | 05:23.37 | Peter Dooley | 2020-21 |
| Male | 60-69 | 2K | 07:19.99 | Peter Dooley | 2019-20 |
| Male | 60-69 | 3K | 11:16.75 | Peter Dooley | 2018-19 |
| Male | 60-69 | 5K | 22:07.00 | Kevyn Davis | 2012-13 |

| | | | | | |
|------|-----|-------|----------|---------------------|---------|
| Male | 70+ | 800m | 03:10.10 | Erich Moeller-Duhme | 2016-17 |
| Male | 70+ | 1000m | 04:19.90 | Erich Moeller-Duhme | 2016-17 |
| Male | 70+ | 1500m | 06:45.00 | Erich Moeller-Duhme | 2017-18 |
| Male | 70+ | 2K | 09:17.00 | Erich Moeller-Duhme | 2017-18 |
| Male | 70+ | 3K | 14:33.42 | Rod Rose | 2024-25 |
| Male | 70+ | 5K | 00:00.00 | | 0 0 |

Note: As of 2017-18 season, times are electronic.