|                                      |                                  |                              |  |                                       | TRACK REC         | ORDS - FF        | MALF              |                 |                                  |                                 |   |
|--------------------------------------|----------------------------------|------------------------------|--|---------------------------------------|-------------------|------------------|-------------------|-----------------|----------------------------------|---------------------------------|---|
| ender                                | Age                              | Event                        | Time   | Name                                  | Season            | Gender           | Age               | Event           | Time                             | Name                            |   |
| emale                                | 9&U                              | 60m                          | 00:09.50                                     | Emily McLaren                         | 2017-18           | Female           | 10-11             | 60m             | 00:08.30                         | Tara Jones                      |   |
|                                      | 9&U                              |                              |  |                                       |                   |                  |                   |                 |                                  |                                 | _ |
| emale                                |                                  | 100m                         | 00:14.60                                     | Tara Jones                            | 1997-98           | Female           | 10-11             | 100m            | 00:13.50                         | Tara Jones                      | _ |
| male                                 | 9&U                              | 150m                         | 00:22.70                                     | Tara Jones                            | 1997-98           | Female           | 10-11             | 150m            | 00:20.70                         | Tara Jones                      |   |
| emale                                | 9&U                              | 200m                         | 00:31.30                                     | Tara Jones                            | 1997-98           | Female           | 10-11             | 200m            | 00:27.50                         | Tara Jones                      |   |
| male                                 | 9&U                              | 400m                         | 01:09.10                                     | Tara Jones                            | 1997-98           | Female           | 10-11             | 400m            | 01:06.20                         | Kelly Hannett                   |   |
| male                                 | 9&U                              | 600m                         | 02:03.70                                     | Annie Reid                            | 1996-97           | Female           | 10-11             | 600m            | 01:49.40                         | Kelly Hannett                   |   |
| male                                 | 9&U                              | 800m                         | 02:42.60                                     | Naomi Berry                           | 1997-98           | Female           | 10-11             | 800m            | 02:30.00                         | Shenay Edwards                  | _ |
|                                      |                                  |                              |  | · · · · · · · · · · · · · · · · · · · |                   |                  |                   |                 |                                  |                                 | - |
| male                                 | 9&U                              | 1000m                        | 03:51.90                                     | Naomi Berry                           | 1995-96           | Female           | 10-11             | 1000m           | 03:23.60                         | Kelly Hannett                   | _ |
| male                                 | 9&U                              | 1500m                        | 05:30.20                                     | Naomi Berry                           | 1997-98           | Female           | 10-11             | 1500m           | 05:15.00                         | Kylie Hodgson                   |   |
| male                                 | 9&U                              | 2K                           | 08:00.70                                     | Naomi Berry                           | 1997-98           | Female           | 10-11             | 2K              | 07:53.00                         | Emily McLaren                   |   |
| male                                 | 9&U                              | 3K                           | 00:00.00                                     | N/A                                   | 0                 | Female           | 10-11             | 3K              | 12:31.40                         | Naomi Berry                     |   |
|                                      |                                  |                              |  |                                       |                   |                  |                   |                 |                                  | •                               |   |
| nder                                 | Age                              | Event                        | Time   | Name                                  | Season            | Gender           | Age               | Event           | Time                             | Name                            |   |
| male                                 | 12-13                            | 60m                          | 00:08.10                                     | Kristi-Lee Taylor                     | 2008-09           | Female           | 14-15             | 60m             | 00:08.00                         | Lauren Johnston                 |   |
| male                                 | 12-13                            | 100m                         | 00:12.80                                     | Kristi-Lee Taylor                     | 2008-09           | Female           | 14-15             | 100m            | 00:12.50                         | Lauren Johnston                 |   |
| male                                 | 12-13                            | 150m                         | 00:19.70                                     | Kristi-Lee Taylor                     | 2008-09           | Female           | 14-15             | 150m            | 00:18.60                         | Lauren Johnston                 |   |
|                                      |                                  |                              |  | ,                                     |                   |                  |                   |                 |                                  |                                 |   |
| male                                 | 12-13                            | 200m                         | 00:26.80                                     | Tracey Aldridge                       | 1985-86           | Female           | 14-15             | 200m            | 00:26.10                         | Elyse Van Arkel                 |   |
| nale                                 | 12-13                            | 400m                         | 01:02.60                                     | Mary Anne Bennett                     | 1987-88           | Female           | 14-15             | 400m            | 01:00.00                         | Suemana Schreiber               | _ |
| nale                                 | 12-13                            | 600m                         | 01:42.50                                     | Suemana Schreiber                     | 1992-93           | Female           | 14-15             | 600m            | 01:42.00                         | Shannon Richardson              |   |
| nale                                 | 12-13                            | 800m                         | 02:24.40                                     | Lisa Whitby                           | 1984-85           | Female           | 14-15             | 800m            | 02:18.90                         | Mary Anne Bennett               |   |
|                                      | 12-13                            | 1000m                        | 03:11.50                                     | · · · · · · · · · · · · · · · · · · · | 1999-00           |                  |                   |                 | 03:07.40                         |                                 |   |
| nale                                 |                                  |                              |  | Naomi Berry                           |                   | Female           | 14-15             | 1000m           |                                  | Michaela Quinn                  |   |
| male                                 | 12-13                            | 1500m                        | 05:04.40                                     | Lisa Whitby                           | 1984-85           | Female           | 14-15             | 1500m           | 04:43.90                         | Michaela Quinn                  |   |
| nale                                 | 12-13                            | 2K                           | 07:10.01                                     | Ella Dyball                           | 2017-18           | Female           | 14-15             | 2K              | 06:40.00                         | Michaela Quinn                  |   |
| male                                 | 12-13                            | 3K                           | 12:02.00                                     | Kelly Hannett                         | 1993-94           | Female           | 14-15             | 3K              | 10:25.20                         | Michelle Lomas                  |   |
| nale                                 | 12-13                            | Hurdles (80m)                | 00:13.10                                     | Amy Todhunter                         | 1996-97           | Female           | 14-15             | Hurdles (90m)   | 00:13.40                         | Alison Tremaine                 |   |
|                                      |                                  |                              |  |                                       |                   |                  |                   |                 |                                  |                                 | , |
| nder                                 | Age                              | Event                        | Time   | Name                                  | Season            | Gender           | Age               | Event           | Time                             | Name                            |   |
| male                                 | 16-17                            | 60m                          | 00:08.20                                     | Standard                              | 0                 | Female           | 18-19             | 60m             | 00:08.20                         | Lacey Bruce                     | _ |
| male                                 | 16-17                            | 100m                         | 00:12.80                                     | Suemana Schreiber                     | 1994-95           | Female           | 18-19             | 100m            | 00:12.80                         | Rebecca Vormister               |   |
| nale                                 | 16-17                            | 150m                         | 00:19.60                                     | Kerry Lee                             | 1997-98           | Female           | 18-19             | 150m            | 00:19.40                         | Erin Binks                      |   |
|                                      |                                  |                              |  |                                       |                   |                  |                   |                 |                                  |                                 | - |
| nale                                 | 16-17                            | 200m                         | 00:26.30                                     | Angela Dixon                          | 1987-88           | Female           | 18-19             | 200m            | 00:26.60                         | Erin Binks                      | - |
| nale                                 | 16-17                            | 400m                         | 00:59.40                                     | Erin Binks                            | 2005-06           | Female           | 18-19             | 400m            | 00:59.00                         | Erin Binks                      |   |
| nale                                 | 16-17                            | 600m                         | 01:37.90                                     | Shannon Richardson                    | 1990-91           | Female           | 18-19             | 600m            | 01:38.00                         | Erin Binks                      |   |
| nale                                 | 16-17                            | 800m                         | 02:17.40                                     | Tamlyn Mathiske                       | 1993-94           | Female           | 18-19             | 800m            | 02:17.10                         | Erin Binks                      |   |
| male                                 | 16-17                            | 1000m                        | 03:05.10                                     | Tamlyn Mathiske                       | 1993-94           | Female           | 18-19             | 1000m           | 03:02.50                         | Tracey Gibb                     |   |
| male                                 | 16-17                            | 1500m                        | 04:47.20                                     | Lise Thompson                         | 1976-77           | Female           | 18-19             | 1500m           | 05:00.20                         | Tracey Gibb                     |   |
|                                      |                                  |                              |  | · · · · · · · · · · · · · · · · · · · |                   |                  |                   |                 |                                  |                                 |   |
| nale                                 | 16-17                            | 2K                           | 06:59.30                                     | Tamlyn Mathiske                       | 1992-93           | Female           | 18-19             | 2K              | 07:11.00                         | Glenys Smith                    |   |
| male                                 | 16-17                            | 3K                           | 11:24.00                                     | Cristine Suffolk                      | 1988-89           | Female           | 18-19             | 3K              | 11:46.00                         | Cristine Suffolk                |   |
| male                                 | 16-17                            | 5K                           | 00:00.00                                     | N/A                                   | 0                 | Female           | 18-19             | 5K              | 21:22.00                         | Cristine Suffolk                |   |
| nale                                 | 16-17                            | Hurdles (100m)               | 00:15.00                                     | Lacey Bruce                           | 2012-13           | Female           | 18-19             | Hurdles (110m)  | 00:00.00                         | N/A                             |   |
| nder                                 | Age                              | Event                        | Time   | Name                                  | Season            | Gender           | Age               | Event           | Time                             | Name                            |   |
| nale                                 | 20-29                            | 60m                          | 00:08.00                                     | Lauren Johnston                       | 2011-12           | Female           | 30-39             | 60m             | 00:08.33                         | Erin Smart                      | 1 |
|                                      | 20-29                            | 100m                         | 00:03:00                                     |                                       |                   |                  |                   |                 |                                  |                                 | - |
| nale                                 |                                  |                              |  | Lauren Johnston                       | 2010-11           | Female           | 30-39             | 100m            | 00:13.08                         | Erin Smart                      | _ |
| nale                                 | 20-29                            | 150m                         | 00:18.70                                     | Lauren Johnston                       | 2011-12           | Female           | 30-39             | 150m            | 00:19.50                         | Erin Smart                      |   |
| nale                                 | 20-29                            | 200m                         | 00:25.60                                     | Lauren Johnston                       | 2011-12           | Female           | 30-39             | 200m            | 00:26.35                         | Erin Smart                      |   |
| nale                                 | 20-29                            | 400m                         | 01:01.90                                     | Tracey Gibb                           | 1993-94           | Female           | 30-39             | 400m            | 01:01.09                         | Erin Smart                      |   |
| nale                                 | 20-29                            | 600m                         | 01:39.70                                     | Tracey Gibb                           | 1994-95           | Female           | 30-39             | 600m            | 01:40.40                         | Erin Smart                      |   |
|                                      |                                  |                              |  | · · · · · · · · · · · · · · · · · · · |                   |                  |                   |                 |                                  |                                 |   |
| nale                                 | 20-29                            | 800m                         | 02:20.60                                     | Tracey Gibb                           | 1994-95           | Female           | 30-39             | 800m            | 02:27.17                         | Erin Smart                      |   |
| male                                 | 20-29                            | 1000m                        | 03:07.20                                     | Tracey Gibb                           | 1994-95           | Female           | 30-39             | 1000m           | 03:11.78                         | Erin Smart                      |   |
| nale                                 | 20-29                            | 1500m                        | 05:00.00                                     | Tracey Gibb                           | 1997-98           | Female           | 30-39             | 1500m           | 05:16.60                         | Glenda Ozlins                   |   |
| nale                                 | 20-29                            | 2K                           | 07:05.50                                     | Tracey Gibb                           | 1997-98           | Female           | 30-39             | 2K              | 07:19.00                         | Cristine Suffolk                |   |
| nale                                 | 20-29                            | 3K                           | 10:57.40                                     | Tracey Gibb                           | 1997-98           | Female           | 30-39             | 3K              | 11:17.00                         | Cristine Suffolk                |   |
| nale                                 | 20-29                            | 5K                           | 19:50.00                                     | Cristine Suffolk                      | 1994-95           | Female           | 30-39             | 5K              | 19:10.00                         | Cristine Suffolk                |   |
|                                      | _0 23                            |                              | _5.55.00                                     |                                       | _33.33            | · cmarc          | -5 55             | <del>-</del> :- | _5.25.00                         |                                 |   |
| nder                                 | Age                              | Event                        | Time   | Name                                  | Season            | Gender           | Age               | Event           | Time                             | Name                            | ľ |
| male                                 | 40-49                            | 60m                          | 00:08.09                                     | Erin Smart                            | 2022-23           | Female           | 50-59             | 60m             | 00:08.60                         | Lynda Douglas                   |   |
| male                                 | 40-49                            | 100m                         | 00:13.23                                     | Erin Smart                            | 2022-23           | Female           | 50-59             | 100m            | 00:14.60                         | Lynda Douglas                   |   |
|                                      |                                  |                              |  |                                       |                   |                  |                   |                 |                                  |                                 |   |
| nale                                 | 40-49                            | 150m                         | 00:19.51                                     | Erin Smart                            | 2022-23           | Female           | 50-59             | 150m            | 00:22.20                         | Lynda Douglas                   |   |
| nale                                 | 40-49                            | 200m                         | 00:27.09                                     | Erin Smart                            | 2023-24           | Female           | 50-59             | 200m            | 00:37.70                         | Maxine Gernyi                   |   |
| ale                                  | 40-49                            | 400m                         | 01:02.65                                     | Erin Smart                            | 2022-23           | Female           | 50-59             | 400m            | 01:28.00                         | Maxine Gernyi                   |   |
| ale                                  | 40-49                            | 600m                         | 01:42.11                                     | Erin Smart                            | 2022-23           | Female           | 50-59             | 600m            | 02:17.70                         | Sharon Scouller                 |   |
|                                      |                                  |                              |  |                                       |                   |                  |                   |                 |                                  |                                 |   |
| ale                                  | 40-49                            | 800m                         | 02:33.09                                     | Erin Smart                            | 2022-23           | Female           | 50-59             | 800m            | 03:09.90                         | Sharon Scouller                 |   |
| ale                                  | 40-49                            | 1000m                        | 03:26.40                                     | Linda Weatherill                      | 2007-08           | Female           | 50-59             | 1000m           | 03:37.70                         | Linda Weatherill                |   |
| nale                                 | 40-49                            | 1500m                        | 05:25.90                                     | Linda Weatherill                      | 2007-08           | Female           | 50-59             | 1500m           | 06:20.90                         | Linda Jones                     |   |
| nale                                 | 40-49                            | 2K                           | 07:34.00                                     | Cristine Suffolk                      | 2010-11           | Female           | 50-59             | 2K              | 09:00.00                         | Sharon Scouller                 |   |
|                                      |                                  |                              |  |                                       |                   |                  |                   |                 |                                  |                                 |   |
| male                                 | 40-49<br>40-49                   | 3K<br>5K                     | 11:47.00<br>20:09.00                         | Cristine Suffolk                      | 2013-14           | Female<br>Female | 50-59<br>50-59    | 3K<br>5K        | 13:16.00<br>25:28.00             | Linda Jones                     |   |
| mala                                 |                                  |                              |  | Cristine Suffolk                      |                   | Female           | 50-59             | 5K              |                                  | Linda Jones                     |   |
|                                      | Age                              | Event                        | Time   | Name                                  | Season            | Gender           | Age               | Event           | Time                             | Name                            | ĺ |
| nder                                 |                                  | 60m                          | 00:00.00                                     | N/A                                   | 0                 | Female           | 70+               | 60m             | 00:14.96                         | Eva Moeller-Duhme               |   |
| male<br>ender<br>male                | 60-69                            | 00111                        |  |                                       |                   |                  |                   |                 |                                  |                                 |   |
| ender                                |                                  | 100m                         | 00:00.00                                     | N/A                                   | 0                 | Female           | 70+               | 100m            | 00:25.19                         | Eva Moeller-Duhme               |   |
| nder<br>male<br>male                 | 60-69<br>60-69                   | 100m                         | 00:00.00                                     | N/A                                   |                   |                  |                   |                 |                                  |                                 |   |
| nder<br>nale<br>nale<br>nale         | 60-69<br>60-69                   | 100m<br>150m                 | 00:00.00<br>00:00.00                         | N/A                                   | 0                 | Female           | 70+               | 150m            | 00:00.00                         | N/A                             |   |
| nder<br>nale<br>nale<br>nale<br>nale | 60-69<br>60-69<br>60-69          | 100m<br>150m<br>200m         | 00:00.00<br>00:00.00<br>00:00.00             | N/A<br>N/A                            | 0                 | Female<br>Female | 70+<br>70+        | 150m<br>200m    | 00:00.00<br>00:55.00             | N/A<br>Eva Moeller-Duhme        | - |
| der<br>iale<br>iale                  | 60-69<br>60-69<br>60-69<br>60-69 | 100m<br>150m<br>200m<br>400m | 00:00.00<br>00:00.00<br>00:00.00<br>02:08.52 | N/A                                   | 0<br>0<br>2019-20 | Female           | 70+<br>70+<br>70+ | 150m            | 00:00.00<br>00:55.00<br>00:00.00 | N/A<br>Eva Moeller-Duhme<br>N/A | _ |
| der<br>iale<br>iale<br>iale          | 60-69<br>60-69<br>60-69          | 100m<br>150m<br>200m         | 00:00.00<br>00:00.00<br>00:00.00             | N/A<br>N/A                            | 0                 | Female<br>Female | 70+<br>70+        | 150m<br>200m    | 00:00.00<br>00:55.00             | N/A<br>Eva Moeller-Duhme        |   |

| Female | 60-69 | 800m  | 04:34.00 | Eva Moeller-Duhme | 2016-17 |
|--------|-------|-------|----------|-------------------|---------|
| Female | 60-69 | 1000m | 05:37.00 | Eva Moeller-Duhme | 2016-17 |
| Female | 60-69 | 1500m | 08:44.00 | Eva Moeller-Duhme | 2017-18 |
| Female | 60-69 | 2K    | 11:58.00 | Eva Moeller-Duhme | 2016-17 |
| Female | 60-69 | 3K    | 18:21.00 | Eva Moeller-Duhme | 2016-17 |
| Female | 60-69 | 5K    | 00:00.00 | N/A               | 0       |

| Female | 70+ | 800m  | 00:00.00 | N/A               | 0       |
|--------|-----|-------|----------|-------------------|---------|
| Female | 70+ | 1000m | 06:10.24 | Eva Moeller-Duhme | 2019-20 |
| Female | 70+ | 1500m | 09:51.10 | Eva Moeller-Duhme | 2020-21 |
| Female | 70+ | 2K    | 00:00.00 | N/A               | 0       |
| Female | 70+ | 3K    | 00:00.00 | N/A               | 0       |
| Female | 70+ | 5K    | 00:00.00 | N/A               | 0       |

|        |       |                |          |                      | TRACK RE    | CORDS - | MALE  |                |          |                       |         |
|--------|-------|----------------|----------|----------------------|-------------|---------|-------|----------------|----------|-----------------------|---------|
| Gender | Age   | Event          | Time     | Name                 | Season      | Gender  | Age   | Event          | Time     | Name                  | Season  |
| Male   | 9&U   | 60m            | 00:09.20 | Stirling Norwood     | 2013-14     | Male    | 10-11 | 60m            | 00:08.18 | Max Marshall          | 2020-21 |
| Male   | 9&U   | 100m           | 00:14.90 | B Dowell / S Norwood | 1997 & 2013 | Male    | 10-11 | 100m           | 00:13.70 | John Dickie           | 1992-93 |
| Male   | 9&U   | 150m           | 00:22.20 | Ben Dowdell          | 1997-98     | Male    | 10-11 | 150m           | 00:20.70 | Jeff Dowdell          | 1997-98 |
| Male   | 9&U   | 200m           | 00:31.00 | Matthew Higham       | 2015-16     | Male    | 10-11 | 200m           | 00:28.80 | Angus Pryde           | 2009-10 |
| Male   | 9&U   | 400m           | 01:11.50 | Craig Horgan         | 1985-86     | Male    | 10-11 | 400m           | 01:06.20 | Darren Knott          | 1982-83 |
| Male   | 9&U   | 600m           | 02:01.40 | Billy Broughton      | 1989-90     | Male    | 10-11 | 600m           | 01:46.30 | Simon Cole            | 1989-90 |
| Male   | 9&U   | 800m           | 02:40.30 | Craig Horgan         | 1984-85     | Male    | 10-11 | 800m           | 02:29.30 | James Mottram         | 1997-98 |
| Male   | 9&U   | 1000m          | 03:25.40 | James Mottram        | 1994-95     | Male    | 10-11 | 1000m          | 03:13.40 | James Mottram         | 1997-98 |
| Male   | 9&U   | 1500m          | 05:29.00 | C.Horgan/J.Mottram   | 1985/1994   | Male    | 10-11 | 1500m          | 05:05.10 | James Mottram         | 1997-98 |
| Male   | 9&U   | 2K             | 07:26.00 | James Mottram        | 1994-95     | Male    | 10-11 | 2K             | 06:58.39 | Cameron Baxter        | 2020-21 |
| Male   | 9&U   | 3K             | 12:26.00 | Cameron Baxter       | 2018-19     | Male    | 10-11 | 3K             | 10:51.00 | Hayden Miller         | 2005-06 |
|        |       |                |          |                      |             |         |       |                |          |                       |         |
| Gender | Age   | Event          | Time     | Name                 | Season      | Gender  | Age   | Event          | Time     | Name                  | Season  |
| Male   | 12-13 | 60m            | 00:08.40 | Standard             | 0           | Male    | 14-15 | 60m            | 00:07.30 | Standard              | 0       |
| Male   | 12-13 | 100m           | 00:11.60 | Paul Greene          | 1986-87     | Male    | 14-15 | 100m           | 00:11.10 | Paul Greene           | 1988-89 |
| Male   | 12-13 | 150m           | 00:18.90 | Alex Greene          | 1995-96     | Male    | 14-15 | 150m           | 00:17.40 | Robert Tan            | 1989-90 |
| Male   | 12-13 | 200m           | 00:25.30 | Robert Tan           | 1988-89     | Male    | 14-15 | 200m           | 00:22.50 | Paul Greene           | 1988-89 |
| Male   | 12-13 | 400m           | 00:54.80 | Paul Greene          | 1986-87     | Male    | 14-15 | 400m           | 00:52.00 | Paul Greene           | 1987-88 |
| Male   | 12-13 | 600m           | 01:34.10 | Julien Wicks         | 1991-92     | Male    | 14-15 | 600m           | 01:27.60 | Damien Chee           | 1989-90 |
| Male   | 12-13 | 800m           | 02:11.10 | Julien Wicks         | 1991-92     | Male    | 14-15 | 800m           | 02:01.90 | Dean Seager           | 1986-87 |
| Male   | 12-13 | 1000m          | 02:49.80 | Julien Wicks         | 1991-92     | Male    | 14-15 | 1000m          | 02:40.70 | Julien Wicks          | 1994-95 |
| Male   | 12-13 | 1500m          | 04:31.80 | Julien Wicks         | 1992-93     | Male    | 14-15 | 1500m          | 04:19.20 | Julien Wicks          | 1993-94 |
| Male   | 12-13 | 2K             | 06:21.50 | Mitchell Hudson      | 1993-94     | Male    | 14-15 | 2K             | 06:04.00 | Harris Scouller       | 2009-10 |
| Male   | 12-13 | 3K             | 09:59.00 | Mitchell Hudson      | 1993-94     | Male    | 14-15 | 3K             | 09:30.30 | Harris Scouller       | 2009-10 |
| Male   | 12-13 | 5K             | 18:03.00 | Mitchell Hudson      | 1993-94     | Male    | 14-15 | 5K             | 18:02.00 | Troy Whittington      | 2014-15 |
| Male   | 12-13 | Hurdles (90m)  | 00:14.30 | Alvin Johnson        | 1989-90     | Male    | 14-15 | Hurdles (100m) | 00:16.30 | Sean Hayward          | 1997-98 |
|        |       |                |          |                      |             |         |       |                |          | ·                     |         |
| Gender | Age   | Event          | Time     | Name                 | Season      | Gender  | Age   | Event          | Time     | Name                  | Season  |
| Male   | 16-17 | 60m            | 00:07.00 | Standard             | 0           | Male    | 18-19 | 60m            | 00:06.70 | Scott Richardson      | 1999-00 |
| Male   | 16-17 | 100m           | 00:10.50 | Scott Richardson     | 1998-99     | Male    | 18-19 | 100m           | 00:10.60 | Scott Richardson      | 1999-00 |
| Male   | 16-17 | 150m           | 00:16.20 | Paul Greene          | 1989-90     | Male    | 18-19 | 150m           | 00:16.10 | Scott Richardson      | 1999-00 |
| Male   | 16-17 | 200m           | 00:22.10 | Scott Richardson     | 1998-99     | Male    | 18-19 | 200m           | 00:22.00 | Scott Richardson      | 2000-01 |
| Male   | 16-17 | 400m           | 00:48.50 | Paul Greene          | 1989-90     | Male    | 18-19 | 400m           | 00:49.90 | Alan Ozlins           | 1984-85 |
| Male   | 16-17 | 600m           | 01:26.20 | Lennon Wicks         | 1997-98     | Male    | 18-19 | 600m           | 01:25.20 | Dean Sagar            | 1990-91 |
| Male   | 16-17 | 800m           | 02:00.30 | Jake Ring            | 2007-08     | Male    | 18-19 | 800m           | 01:56.70 | Alan Ozlins           | 1982-83 |
| Male   | 16-17 | 1000m          | 02:35.90 | Julien Wicks         | 1995-96     | Male    | 18-19 | 1000m          | 02:40.40 | Jake Ring             | 2007-08 |
| Male   | 16-17 | 1500m          | 04:14.00 | Alan Ozlins          | 1980-81     | Male    | 18-19 | 1500m          | 04:18.90 | Jake Ring             | 2009-10 |
| Male   | 16-17 | 2K             | 05:54.80 | Julien Wicks         | 1994-95     | Male    | 18-19 | 2K             | 05:57.00 | Troy Whittington      | 2017-18 |
| Male   | 16-17 | 3K             | 09:23.90 | Phil Crome           | 1979-80     | Male    | 18-19 | 3K             | 09:08.00 | Troy Whittington      | 2017-18 |
| Male   | 16-17 | 5K             | 16:15.00 | Troy Whittington     | 2016-17     | Male    | 18-19 | 5K             | 15:45.00 | Troy Whittington      | 2017-18 |
| Male   | 16-17 | Hurdles (110m) | 00:18.10 | Nigel Brooks         | 1984-85     | Male    | 18-19 | Hurdles (110m) | 00:16.80 | Sean Hayward          | 1999-00 |
|        |       |                |          |                      |             |         |       |                |          |                       |         |
| Gender | Age   | Event          | Time     | Name                 | Season      | Gender  | Age   | Event          | Time     | Name                  | Season  |
| Male   | 20-29 | 60m            | 00:06.90 | Scott Richardson     | 2009-10     | Male    | 30-39 | 60m            | 00:06.70 | Scott Richardson      | 2012-13 |
| Male   | 20-29 | 100m           | 00:10.70 | Scott Richardson     | 2009-10     | Male    | 30-39 | 100m           | 00:10.60 | Scott Richardson      | 2012-13 |
| Male   | 20-29 | 150m           | 00:16.40 | Scott Richardson     | 2011-12     | Male    | 30-39 | 150m           | 00:16.40 | Scott Richardson      | 2012-13 |
| Male   | 20-29 | 200m           | 00:22.50 | Alan Ozlins          | 1985-86     | Male    | 30-39 | 200m           | 00:24.00 | Mat Young             | 2008-09 |
| Male   | 20-29 | 400m           | 00:48.50 | Alan Ozlins          | 1985-86     | Male    | 30-39 | 400m           | 00:53.40 | Peter Dooley          | 1991-92 |
| Male   | 20-29 | 600m           | 01:20.80 | Alan Ozlins          | 1989-90     | Male    | 30-39 | 600m           | 01:26.60 | Peter Dooley          | 1990-91 |
| Male   | 20-29 | 800m           | 01:53.90 | Alan Ozlins          | 1985-86     | Male    | 30-39 | 800m           | 02:04.00 | Peter Dooley          | 1990-91 |
| Male   | 20-29 | 1000m          | 02:34.90 | Steve Isbel          | 1993-94     | Male    | 30-39 | 1000m          | 02:41.90 | Rick Bromley          | 1992-93 |
| Male   | 20-29 | 1500m          | 04:02.40 | Alan Ozlins          | 1989-90     | Male    | 30-39 | 1500m          | 04:19.40 | Rick Bromley          | 1992-93 |
| Male   | 20-29 | 2K             | 05:42.20 | Daniel Abotomy       | 1993-94     | Male    | 30-39 | 2K             | 06:01.40 | Rick Bromley          | 1992-93 |
| Male   | 20-29 | 3K             | 09:16.00 | Steve Isbel          | 1993-94     | Male    | 30-39 | 3K             | 09:17.00 | Rick Bromley          | 1993-94 |
| Male   | 20-29 | 5K             | 15:52.00 | Rick Bromley         | 1992-93     | Male    | 30-39 | 5K             | 16:00.86 | Bradley Sawyers       | 2022-23 |
|        |       |                |          |                      |             |         |       |                |          |                       |         |
| Gender | Age   | Event          | Time     | Name                 | Season      | Gender  | Age   | Event          | Time     | Name                  | Season  |
| Male   | 40-49 | 60m            | 00:07.60 | Steve Schott         | 2016-17     | Male    | 50-59 | 60m            | 00:08.20 | Perry Strand          | 2016-17 |
| Male   | 40-49 | 100m           | 00:12.20 | Steve Schott         | 2016-17     | Male    | 50-59 | 100m           | 00:13.10 | Peter Dooley          | 2007-08 |
| Male   | 40-49 | 150m           | 00:18.30 | Steve Schott         | 2016-17     | Male    | 50-59 | 150m           | 00:20.40 | Doug McNally          | 2004-05 |
| Male   | 40-49 | 200m           | 00:25.40 | Steve Schott         | 2016-17     | Male    | 50-59 | 200m           | 00:26.50 | Peter Dooley          | 2007-08 |
| Male   | 40-49 | 400m           | 00:56.90 | Leith Babian         | 2013-14     | Male    | 50-59 | 400m           | 00:58.80 | Peter Dooley          | 2007-08 |
| Male   | 40-49 | 600m           | 01:30.30 | Leith Babian         | 2013-14     | Male    | 50-59 | 600m           | 01:33.80 | Leith Babian          | 2016-17 |
| Male   | 40-49 | 800m           | 02:09.30 | Alan Jones           | 1990-91     | Male    | 50-59 | 800m           | 02:13.60 | Peter Dooley          | 2009-10 |
| Male   | 40-49 | 1000m          | 02:41.90 | Rick Bromley         | 1992-93     | Male    | 50-59 | 1000m          | 03:01.20 | Peter Dooley          | 2009-10 |
| Male   | 40-49 | 1500m          | 04:28.20 | Leith Babian         | 2013-14     | Male    | 50-59 | 1500m          | 04:48.70 | Martin Tomasini       | 2006-07 |
| Male   | 40-49 | 2K             | 06:17.00 | Bill Broughton       | 1993-94     | Male    | 50-59 | 2K             | 06:34.20 | Peter Dooley          | 2009-10 |
| Male   | 40-49 | 3K             | 09:35.00 | Bill Broughton       | 1993-94     | Male    | 50-59 | 3K             | 10:15.00 | Peter Dooley          | 2009-10 |
| Male   | 40-49 | 5K             | 16:27.00 |                      | 1993-94     | Male    | 50-59 | 5K             | 18:32.60 | Martin Tomasini       | 2005-10 |
| iviale | 40-49 | JN             | 10.27.00 | Bill Broughton       | 1333-34     | iviale  | 20-23 | JN             | 10.32.00 | ויומונווו וטווומאוווו | 2003-00 |
| Gender | Age   | Event          | Time     | Name                 | Season      | Gender  | Age   | Event          | Time     | Name                  | Season  |
| Male   | 60-69 | 60m            | 00:08.40 | Bernie Condon        | 2001-02     | Male    | 70+   | 60m            | 00:08.90 | Bernie Condon         | 2007-08 |
| Male   | 60-69 | 100m           | 00:03.40 | Bernie Condon        | 2001-02     | Male    | 70+   | 100m           | 00:08.30 | Bernie Condon         | 2007-08 |
| Male   | 60-69 | 150m           | 00:13.70 | Bernie Condon        | 2001-02     | Male    | 70+   | 150m           | 00:14.40 | Bernie Condon         | 2006-07 |
| Male   | 60-69 | 200m           | 00:21.30 | Bernie Condon        | 2002-03     | Male    | 70+   | 200m           | 00:30.80 | Bernie Condon         | 2006-07 |
| Male   | 60-69 | 400m           | 01:11.60 | Peter Dooley         | 2002-03     | Male    | 70+   | 400m           | 01:30.80 | Erich Moeller-Duhme   | 2006-07 |
| 141010 | 50-03 | -100111        | 01.11.00 | i cici booley        | 7011-10     | iviaic  | ,0+   | 700111         | 01.30.13 | Enen Moener-Dunning   | 2013-20 |

Note: As of 2017-18 season, times are electronic.

| Male | 60-69 | 600m  | 01:49.26 | Peter Dooley | 2020-21 |
|------|-------|-------|----------|--------------|---------|
| Male | 60-69 | 800m  | 02:32.23 | Peter Dooley | 2017-18 |
| Male | 60-69 | 1000m | 03:17.44 | Peter Dooley | 2019-20 |
| Male | 60-69 | 1500m | 05:23.37 | Peter Dooley | 2020-21 |
| Male | 60-69 | 2K    | 07:19.99 | Peter Dooley | 2019-20 |
| Male | 60-69 | 3K    | 11:16.75 | Peter Dooley | 2018-19 |
| Male | 60-69 | 5K    | 22:07.00 | Kevyn Davis  | 2012-13 |

| Male | 70+ | 600m  | 02:14.20 | Erich Moeller-Duhme |   | 2017-18 |
|------|-----|-------|----------|---------------------|---|---------|
| Male | 70+ | 800m  | 03:10.10 | Erich Moeller-Duhme |   | 2016-17 |
| Male | 70+ | 1000m | 04:19.90 | Erich Moeller-Duhme |   | 2016-17 |
| Male | 70+ | 1500m | 06:45.00 | Erich Moeller-Duhme |   | 2017-18 |
| Male | 70+ | 2K    | 09:17.00 | Erich Moeller-Duhme |   | 2017-18 |
| Male | 70+ | 3K    | 14:45.00 | Erich Moeller-Duhme |   | 2016-17 |
| Male | 70+ | 5K    | 00:00.00 |                     | 0 | 0       |