

Year	2019
Location	Timberhills
RD	RD7

Division	Place	Competitor	Pace	RaceTime	Pts	
1K	1	Malachy Martin		06:20	0:06:20	50
	2	Rowan Brignall		07:09	0:07:09	49
	3	Aiden McLaren		09:25	0:09:25	48
2K Div1	1	Lily Sproule		05:16	0:10:32	50
2K Div2	1	Dylan Cox		05:40	0:11:20	50
	2	Josie Sproule		06:43	0:13:26	49
	3	Heidi McLaren		08:21	0:16:42	48
	4	Scott McLaren		08:24	0:16:48	47
3K Div1	1	Emily McLaren		04:09	0:12:28	50
	2	Darcy Arnold		04:40	0:14:01	49
	3	Anna Duncan		04:43	0:14:09	48
	4	Hamish McLaren		04:09	0:12:27	47
	5	William Anderson		05:44	0:17:13	46
	6	Tom Duncan		05:18	0:15:54	45
3K Div2	1	Jody Brignall		06:27	0:19:21	50
	2	Alison Havadjia		05:47	0:17:20	49
	3	Katie Martin		05:52	0:17:37	48
	4	Christine Anderson		08:07	0:24:21	47
Med Div1	1	Bradley Sawyers		04:25	0:22:04	50
	2	Bridget Fairs		05:27	0:27:17	49
	3	Ethan Havadjia		05:00	0:24:58	48
Med Div2	1	Phil Duncan		05:28	0:27:22	50
	2	Dean Bryce		05:29	0:27:25	49
	3	Frances fairs		07:06	0:35:30	48
	4	Lucy Duncan		06:55	0:34:35	47
Med Div3	1	Andrew Havadjia		07:31	0:37:33	50
	2	Di Court		07:16	0:36:19	49
	3	Alex Arnold		07:07	0:35:34	48
	4	John Price		08:49	0:44:06	47
Long Div1	1	Matt Lewis		04:08	0:41:16	50
	2	Andy Waller		05:35	0:55:46	49
	3	Michael Duncan		06:02	1:00:18	48
Long Div2	1	Sue Strand		07:24	1:13:59	50
	2	Milton Cox		06:02	1:00:19	49
	3	David Hughes		06:11	1:01:51	48
	4	Graham Anderson		05:39	0:56:33	47
	5	Rob Woods		06:20	1:03:20	46
	6	Rebecca Cooper		06:31	1:05:09	45

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Long Div2	7	Wayne Williams	06:43	1:07:06	"-"
Long Div2	8	Natasha Toms	08:19	1:23:07	43
Long Div2	9	Sky Martin	08:19	1:23:09	42