



# 59<sup>th</sup> Annual Report 2018-2019

Presented to the Annual General Meeting of the Club 4<sup>th</sup> May 2019

## Committee

Scott Johnson	President
Lisa Carroll	Secretary
Steven Thomson	Treasurer
Terry Bailey	Vice president
Darlene Musgrove	
Melinda Mustapic	
John Price	
Perry Strand	
Sue Strand	

## Life Members (Deceased t)

Mrs. L. McMillan{, N. Carradus}, J.F. McCaffrey , Mrs. D. Baker, R. O'Brien}, R. Gibb, K. Davis, Mrs. J. Gibb, J. Morris, A. Ozolins, Alan Ozolins, C. Binks, T. Lucas, P. Condon, S. McKinnon, Patrick Greene, G. Smith, Ms. C. Suffolk, T. Bailey, J. Price, P. Dooley, G. Pepper, Ron & Ruth McKinnon, A. Johnstone, B. Condon, W. Broughton, P. Jennings

## 2018-2019 Presidents Report

Welcome to our 58<sup>th</sup> Annual General Meeting and Presentation.

Whilst the preceding year has had the odd lowlight there have also been many positives. The loss of the Willandra course was obviously disappointing but we are still grateful to the Gibb family for their generous support of the Club over many years. We also thank Ron & Ruth McKinnon for the use of their property, Timberhills, at Tomerong.

On the positive side it has given us the push to seek out a permanent 'home' for our cross country running. With this in mind we are working with the Berry Riding Club to create a course on the Council owned land they occupy at Berry. Our goal being to secure a formal agreement for a long-term tenure on the site.

In the meantime the Havadjia family have kindly established a fantastic new course for our use on their farm, Hollyhills, at Cambewarra. All runners I've spoken to love it and rate it as a true cross country course.

Progress has been made on the new athletics complex and at this stage council is planning on construction on the originally proposed site at the Bomaderry Sporting Complex. The project will however be dependent on available funding from state and federal government. We will continue to use the Ron Brown complex and carry out maintenance and upgrades as required.

Participation for the 2018 cross country season was down on previous years and this was truly evidenced in our reduced entries at state relays and state championships. Track and field participation during the summer season on the other hand increased. We had good entries at the state relay championships and country championships. The relay runners in their '2541' headbands grabbed a lot of attention at country champs. Attendance at Wednesday night competition was strong and it is hoped the trend continues through the winter season.

Plenty of records were broken in track field during the season particularly by our masters athletes. Their achievements at club level also carrying on to state level and beyond. Our junior athletes also put in some creditable performances during the season with plenty of medals and personal bests to show for their effort.

Thank you to all our volunteers for your efforts during the year. Without them we would not be able to conduct any competition. More help is always appreciated.

To finish I would like to thank my fellow committee members for all their valuable work over the last year. Whenever a job needed doing there was always someone ready to take care of it without hesitation. Thanks team.

Looking forward to seeing you all throughout the coming year.

Yours in athletics,

*Scott Johnson*

## Secretary's Report

Welcome to the Nowra Athletics Club 2019 Annual General Meeting.

The 2018/2019 track and field season saw a rise in our numbers from previous years and it was nice to see many new faces with those not just being children and young adults but their parents often competing as well. Wednesday night competition would not be possible without some club stalwarts who regularly attend and with the generosity of their time ensure that all of our members get to perform in their chosen events. Nowra is known for its great family atmosphere and it is certainly a pleasure to watch on Wednesday night as everyone cheers from the sideline or competes in a friendly competition with their peers.

Track and field season is now over and we are starting to ramp up with our cross country challenges - This year has seen a significant change in our running venues. After nearly 60 years we are no longer able to use the Willandra cross country course. This is a disappointing outcome and contrary to what you may have heard it was through no fault of our members or committee that this venue is no longer available.

It is with regret that we announce that this will be our last season running at Timber hills as the McKinnon family have advised us that they will no longer be offering the course for public use. Nowra athletics club has run on this course for over 40 years it will be a great loss and it will never adequately be replaced.

On a brighter note, this year we are fortunate to be able to run on the beautiful family owned course of Holly Hill thanks to the Havadjia family. Their generosity can never be repaid but we can make sure we appreciate the use of this beautiful course.

I am sure many of you have heard that we are in talks with the Berry riding club and we are in the process of marking a course which we hope to have up and running around mid-season.

Our club could not be as long lived without the loyalty of our members who return year after year - increasing our numbers from generation to generation with grandparents, their children and the grandchildren now part of our Club.

We can never know what the future will hold but Nowra Athletics Club will continue to grow and serve our community in many more years to come.

Lisa Carroll

Secretary

**NOWRA ATHLETICS CLUB INCORPORATED**Statement of Income & Expenditure  
For the Year Ended 31 March 2019

	<b>This Year</b>	<b>Last Year</b>
	<b>\$</b>	<b>\$</b>
<b>INCOME</b>		
Clothing Sales	2,023	938
Equipment Hire	1,200	800
Fun Run & Canteen	1,938	1,685
Grants	500	750
Interest Received	303	456
King of the Mountain	-	300
Membership Fees	10,345	12,235
Sponsorships & Donations	-	-
Summer Road Runs	-	726
<b>TOTAL INCOME</b>	<b>16,309</b>	<b>17,890</b>
<b>EXPENDITURE</b>		
Audit & Accounting	660	583
Canteen	486	543
Clothing	1,806	5,223
Donations	9,498	100
Electricity (Athletics complex)	100	524
Equipment & Maintenance	2,722	9,686
Grant Outlay	500	750
Insurance	1,237	1,209
King of the Mountain Expenses	-	1,000
Office of Fair Trading	87	80
Postage & Stationery	130	127
Registration & Affiliation Fees	3,117	3,827
Summer Road Runs	-	520
Sundries	232	287
Trophies	1,591	2,198
Venue Hire	1,805	-
Website	117	125
Winter Comp	-	132
<b>TOTAL EXPENDITURE</b>	<b>24,088</b>	<b>26,914</b>
Excess Expenditure over Income	(7,779 )	(9,024 )
Add Fund Balances at Beginning of Year	46,919	55,943
Fund Balances at End of Year	<b>39,140</b>	<b>46,919</b>
<b>Represented by:</b>		
CBA Cheque Account	30,664	13,072
Capital to Coast Account	46	9,545
ING Business Optimiser Account	13	24,302
Bendigo Bank Debit Account	588	-
Bendigo Bank Cheque Account	8,183	-
Petty Cash	170	-
Less Unpresented Cheques	(524 )	-
	<b>39,140</b>	<b>46,919</b>

## Points By Grade

Sum of Points	
	Track
<b>Jnr Men</b>	
<b>B</b>	<b>1560</b>
Lucas Johnson	440
Will Dyball	350
Jackson Jennings	290
Brock Miller	290
Max Buckham	150
Mason Beresford	40
<b>C</b>	<b>9560</b>
Hamish McLaren	1310
Patrick O'Leary	1070
Toby Dyball	1020
Harrison Baxter	920
Cooper Barrett	770
Oliver Baxter	720
Lachlan Woods	560
Macklin Berry	500
Charlie Heidke	490
Riley Power	370
Taj Barrett	340
Jake Griggs	340
Liam Johnstone	300
Reilly Caswell	270
Lucas Charalambous	230
Matthew Higham	150
Jett Goddard	150
Dylan Johnstone	50
<b>D</b>	<b>7210</b>
Cameron Baxter	1710
Lachlan Rabey	1000
Harry Thomson	830
Liam O'Leary	830
Flynn O'Leary	710
Ben Maher	660
Noah Dyball	560
Brody Woods	410
Zac Dezarnaulds	380
Tynan Caswell	80
Taj Goddard	40
<b>E</b>	<b>1140</b>
Tom Smart	710
Ben Sproule	230
Aiden McLaren	160
Dean Osgood	40
<b>Jnr Women</b>	
<b>B</b>	<b>1960</b>
Ella Dyball	550
Hannah Brian	370

## Points By Grade

Sum of Points	
	Field
<b>Jnr Men</b>	
<b>B</b>	<b>2030</b>
Mason Beresford	510
Brock Miller	480
Lucas Johnson	460
Max Buckham	170
Jackson Jennings	150
Nathan Beresford	150
Will Dyball	110
<b>C</b>	<b>6650</b>
Hamish McLaren	1200
Taj Barrett	740
Patrick O'Leary	740
Harrison Baxter	680
Cooper Barrett	610
Oliver Baxter	490
Liam Johnstone	410
Charlie Heidke	320
Toby Dyball	290
Macklin Berry	210
Reilly Caswell	200
Jett Goddard	180
Lachlan Woods	150
Lucas Charalambous	150
Riley Power	130
Dylan Johnstone	80
Jake Griggs	40
Max Beck	30
<b>D</b>	<b>4830</b>
Harry Thomson	990
Flynn O'Leary	730
Cameron Baxter	680
Liam O'Leary	540
Lachlan Rabey	500
Noah Dyball	380
Ben Maher	350
Brody Woods	220
Zac Dezarnaulds	200
Tynan Caswell	140
Taj Goddard	100
<b>E</b>	<b>2170</b>
Tom Smart	1120
Aiden McLaren	710
Ben Sproule	300
Dean Osgood	40
<b>Jnr Women</b>	
<b>B</b>	<b>3110</b>
Ella Dyball	850

## Points By Grade

Sum of Points	
	Track
	Alexis Charalambous 310
	Alexandra Smith 300
	Akala Miller 250
	Chelsea Pascoe 100
	Taylor moffat 80
<b>C</b>	<b>4480</b>
	Emily McLaren 1290
	Alisha Mustapic 1080
	Mireille Smith 580
	Laila Hartnett 490
	Jessie moffat 410
	Talea Miller 260
	Pia Dezarnaulds 120
	Katie Martin 110
	Olivia Davis 70
	Elysha Davis 70
<b>D</b>	<b>4880</b>
	Molly Boundy 840
	Evie Smart 730
	Lizzy Stiles 530
	Lily Sproule 530
	Heidi McLaren 510
	Allie moffat 510
	Josie Sproule 370
	Phoebe Dezarnaulds 310
	Mali Mustapic 300
	Miller Bell 210
	Jessica Tinker 40
<b>E</b>	<b>120</b>
	Winter Bell 120
<b>Snr Men</b>	
<b>A</b>	<b>4740</b>
	Ethan Havadjia 1630
	Emerson Brian 860
	Cameron Musgrove 510
	Cooper Thomson 400
	Lachlan Kaszonyi 340
	Daniel Hughes 330
	Liam Dooley 160
	Nathan Groves 140
	Zachary Havadjia 130
	Blake Hartnett 120
	Dylan Jennings 120
<b>V</b>	<b>6690</b>
	Scott Martin 920
	Marcus Baxter 870
	Paul Musgrove 600
	Dean Bryce 570

## Points By Grade

Sum of Points	
	Field
	Alexandra Smith 580
	Akala Miller 550
	Hannah Brian 480
	Alexis Charalambous 330
	Jayla Beresford 140
	Chelsea Pascoe 100
	Taylor moffat 80
<b>C</b>	<b>4290</b>
	Emily McLaren 1030
	Talea Miller 890
	Alisha Mustapic 710
	Mireille Smith 640
	Laila Hartnett 390
	Jessie moffat 310
	Pia Dezarnaulds 190
	Olivia Davis 90
	Elysha Davis 40
<b>D</b>	<b>4390</b>
	Molly Boundy 830
	Heidi McLaren 610
	Lily Sproule 600
	Mali Mustapic 540
	Evie Smart 470
	Allie moffat 360
	Josie Sproule 280
	Lizzy Stiles 270
	Phoebe Dezarnaulds 260
	Miller Bell 170
<b>E</b>	<b>400</b>
	Winter Bell 400
<b>Snr Men</b>	
<b>A</b>	<b>3540</b>
	Ethan Havadjia 900
	Cooper Thomson 900
	Daniel Hughes 470
	Blake Hartnett 350
	Liam Dooley 280
	Nathan Groves 270
	Lachlan Kaszonyi 180
	Zachary Havadjia 80
	Emerson Brian 80
	Dylan Jennings 30
<b>V</b>	<b>5490</b>
	Kane Barrett 1030
	Mark O'Leary 810
	Andrew Havadjia 670
	Paul Musgrove 590
	Dean Bryce 460

## Points By Grade

Sum of Points	
	Track
Martin Stiles	550
Pete Berry	480
Gavin Dyball	430
Mark O'Leary	350
Andrew Havadjia	320
Dennis Smart	280
Jeffrey Power	260
Peter Dooley	210
Kane Barrett	190
Martin Bell	180
Scott Johnson	160
Carl Heidke	110
Perry Strand	80
Scott McLaren	60
Robin Vonk	50
Brendan Goddard	20
<b>Snr Women</b>	
<b>A</b>	<b>980</b>
Sarah De Vries	880
Jade Mustapic	90
Tara Mustapic	10
<b>V</b>	<b>2270</b>
Erin Smart	1200
Janelle Stiles	280
Tracey Barrett	210
Leanne O'Leary	170
Mel Jennings	90
Elisha Bell	80
Darlene Musgrove	70
Kate Dezarnaulds	60
Julie Tinker	50
Alison Havadjia	30
Karly Goddard	20
Melinda Mustapic	10

## Points By Grade

Sum of Points	
	Field
Paul Beresford	430
Steven Thomson	310
Carl Heidke	250
Scott McLaren	240
Jeffrey Power	160
Tim Musson	150
Pete Berry	120
Scott Martin	100
Geoff Crook	80
Brendan Goddard	70
Scott Johnson	10
Martin Stiles	10
<b>Snr Women</b>	
<b>A</b>	<b>1160</b>
Sarah De Vries	960
Jade Mustapic	200
<b>V</b>	<b>4190</b>
Alissa Beresford	860
Leanne O'Leary	750
Kerrie Jones	740
Mel Jennings	670
Tracey Barrett	500
Melinda Mustapic	410
Erin Smart	120
Jessica Davis	90
Alison Havadjia	50

# SPECIAL AWARDS

- **Club Person of the Year**

(Club member who supports the club all year and goes 'above and beyond')

Nominees: Nicole Morris, Karen Sawyers, Peter Condon, Bernie Condon, Sean Carroll, Andrew Carroll, Ron Cox, Jacqui Peace.

- **John Morris (Junior) Encouragement Award**

(Junior Club member 15 years of age or under competing in Cross country in the 2 or 3km distance)

Nominees: Will Anderson, Cameron Baxter, Anna Duncan, Noah Dyball, Emily McLaren, Tom Smart, Miller Bell, Winter Bell.

- **Ian Henry Nowra Toyota (Senior) Encouragement Award**

(Senior members over 15 years of age competing in the medium or long distance events at cross country)

Nominees: Elisha Bell, Jeremy Head, Megan Fitt, Kim Dobson, Rebecca Cooper, Gavin Dyball, Angela Urquhart, Gavin Urquhart, Alex Arnold.

- **Neville Markham Distance Runner of the Year Award**

(Club member who competes in a variety of distance events from long course distance (approx. 8kms) onwards through summer and winter and achieves a 'notable' result or results)

Nominees: Steve McCullagh, Perry Strand, Ming Leung, Robin Vonk, Scott Martin and Scott Johnson.

- **Club Performance Award**

(Performing well at a Club level with regular participation, personal improvement and support of the Club)

Nominees: Allyssa Beresford, Peter Dooley, Erin Smart, Kerrie Jones, Cameron Baxter, Hamish McLaren, Emily McLaren.

- **Harry Scouller Award**

(Talented/promising young track and field athlete)

Nominees: Will Dyball, Ella Dyball, Hannah Brian, Alexis Charalambous.

- **High Achievement Award**

(Club athlete who has achieved high results in state, national or international competition throughout the previous year)

Nominees Ella Dyball, Will Dyball, Max Buckham, Kerrie Jones, Peter Dooley, Erin Smart

- **Frank McCaffrey Award**

(For a great performance by an individual club member or club team)

Nominees are Erin Smart, Kerrie Jones, Max Buckham and Will Dyball.